



## TENTATIVE SCHEDULE

## Virginia Military Institute Team Challenge January 25, 2020

Saturday, January 25

**Track Events:**

11:55am National Anthem  
12:00pm Women's 5000 Meters  
12:25pm Men's 5000 Meters  
12:45pm Men's Distance Medley Relay  
1:00pm Women's Distance Medley Rel  
1:15pm Women's 60m Dash Prelims (4)  
1:25pm Men's 60m Dash Prelims (4)  
1:45pm Women's 60H Prelims (2)  
1:55pm Women's Mile (2)  
2:10pm Men's Mile (1)  
2:20pm Women's 60H Finals (1)  
2:30pm Men's 60H Finals (1)  
2:35pm Women's 60m Dash Finals (1)  
2:40pm Men's 60m Dash Finals (1)  
2:50pm Women's 400m (7)  
3:10pm Men's 400m (5)  
3:25pm Women's 800m (2)  
3:35pm Men's 800m (2)  
3:45pm Women's 200m (~10)  
4:10pm Men's 200m (~8)  
4:30pm Women's 3000m (2)  
5:00pm Men's 3000m (2)  
5:20pm Women's 1600m Relay (2)  
5:30pm Men's 1600m Relay (2)

Saturday Field Events:

**Throws:**

11:30am	Men's Weight
12:30pm	Women's Shot
1:45pm	Men's Shot
3:00pm	Women's Weight

**Jumps:**

11:30	Men's Long Jump (backstretch)
12:30	Women's Long Jump (homestretch)
1:30	Men's Triple Jump (backstretch)
2:30	Women's Triple Jump (homestretch)
11:30	Women's Pole Vault (backstretch)
2:00	Men's Pole Vault (homestretch)
3:30	Women's HJ (approach-sprint start)
3:30	Men's HJ (approach-sprint finish)