

WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
 Weather: 70 and muggy
 Host: Virginia Military Institute
 2/8/2019 - 2/9/2019

MEET OFFICIALS

Meet Director:
Drew Ludtke
Meet Referee:
Larry McHone
Timing:
SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#37 Men's Weight Throw**

Top 9 to Finals. Minimum Mark: 13.00 meters

\$ CPTF 21.99m Benjamin Johnson ETSU

2:00 PM (Day 1):

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)
1	SCHWARTZ, Will	SO VCU	17.34m 56' 10 ³ / ₄	17.01	16.85	FOUL	17.34	FOUL	FOUL	3(1)
2	SIMMONS, Jaylen	SO GMU	16.74m 54' 11 ¹ / ₄	16.12	16.20	16.74	16.56	FOUL	FOUL	3(2)
3	NNODIM, Longinus	SR Wofford	16.62m 54' 6 ¹ / ₂	16.27	16.33	15.21	FOUL	16.62	FOUL	3(3)
4	SMITH, Ripken	SR UMW	15.82m 51' 11"	15.77	15.82	14.40	FOUL	FOUL	15.39	3(4)
5	VOLLBRECHT, Jaekob	FR VCU	15.41m 50' 6 ³ / ₄	14.71	15.41	FOUL	15.32	FOUL	FOUL	3(5)
6	EDWARDS, Nicholas	FR Hampton	15.27m 50' 1 ¹ / ₄	FOUL	15.27	FOUL	FOUL	FOUL	14.89	3(6)
7	USHER, Daniel	JR VMI	14.72m 48' 3 ¹ / ₂	13.77	13.58	14.72	14.29	FOUL	FOUL	2(1)
8	BELAYNEH, Ebenezer	SO VCU	14.48m 47' 6 ¹ / ₄	14.48	FOUL	14.25	13.88	FOUL	FOUL	2(2)
9	WEBERT, Quentin	SO VVU	14.03m 46' 0 ¹ / ₂	FOUL	14.03	FOUL	FOUL	13.91	FOUL	3(7)
10	BLASKO, Derek	JR SVU	13.92m 45' 8"	13.92	13.41	13.59				2(3)
11	KINDIG, John	FR Shenandoah	13.78m 45' 2 ¹ / ₂	13.78	FOUL	13.35				2(4)
12	DICKINSON, Jack	JR Westmont	13.54m 44' 5 ¹ / ₄	13.54	13.14	FOUL				3(8)
13	HOPPE, Dalton	SR Lynchburg	13.46m 44' 2"	FOUL	13.46	FOUL				3(9)
14	YAP, Sidney	JR GMU	13.29m 43' 7 ¹ / ₄	13.29	FOUL	FOUL				3(10)
15	AUVIL, Josh	SO Montreat	13.23m 43' 5"	FOUL	12.69	13.23				3(11)
16	COLEMAN, Bryson	SO Wofford	13.23m 43' 5"	FOUL	FOUL	13.23				2(5)
17	GROSS, Brysen	FR GMU	13.18m 43' 3"	12.82	13.18	FOUL				2(6)
18	ROBERTSON, Robert	JR UMW	13.10m 42' 11 ³ / ₄	13.10	FOUL	FOUL				2(7)
19	HUFFMAN, Corey	SR Bridgewater	12.67m 41' 7"	12.67	FOUL	FOUL				2(8)
20	MAGALLANES, Hector	FR SVU	12.66m 41' 6 ¹ / ₂	12.66	FOUL	FOUL				1(1)
21	COCKRELL, Coby	FR VVU	12.61m 41' 4 ¹ / ₂	12.61	FOUL	FOUL				3(12)
22	HOWARD, Ben	FR Mt. Olive	12.49m 40' 11 ³ / ₄	FOUL	12.49	FOUL				2(9)
23	JOHNSON, Tristan	FR UMW	12.09m 39' 8"	12.09	FOUL	FOUL				2(10)
24	THOMAS, Elijah	SO Catawba	11.93m 39' 1 ³ / ₄	FOUL	11.93	FOUL				2(11)
25	PEACOCK, Connor	SO Mt. Olive	11.82m 38' 9 ¹ / ₂	11.82	NM	FOUL				1(2)
26	HARPER, Jaquan	FR S.C. State	11.68m 38' 4"	11.68	FOUL	FOUL				1(3)
27	DOSS, Mitchell	SO Randolph	11.63m 38' 2"	FOUL	FOUL	11.63				1(4)
28	SAMI, Grady	SO SVU	11.54m 37' 10 ¹ / ₂	11.54	FOUL	FOUL				2(12)
29	KNAVE, James	JR Shenandoah	11.49m 37' 8 ¹ / ₂	FOUL	11.49	FOUL				1(5)
30	BOGGS, Dakota	SR Mt. Olive	10.54m 34' 7"	10.54	FOUL	FOUL				1(6)
31	OWUSU, Abel	JR VVU	10.10m 33' 1 ³ / ₄	10.10	FOUL	FOUL				1(7)
31	AVERY, Darius	FR Catawba	10.10m 33' 1 ³ / ₄	10.10	FOUL	FOUL				1(7)
33	PATTERSON, Reginald	FR Bridgewater	8.40m 27' 6 ³ / ₄	FOUL	8.40	FOUL				1(9)
34	HALL, Wyatt	FR Bridgewater	7.47m 24' 6 ¹ / ₄	FOUL	7.47	NM				1(10)
	WILLIBY, Zach	FR Randolph	NM	FOUL	FOUL	FOUL				1
	MORRIS, Jacob	SO Shenandoah	NM	FOUL	FOUL	FOUL				1
	WILLIAMS, Matthias	JR S.C. State	NM	FOUL	FOUL	FOUL				1
	CODRINGTON, Michael	FR Howard	NM	FOUL	FOUL	FOUL				2
	JOHNSON, Sheldon	Unattached	NM							3

FLIGHT RESULTS

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
Flight 1 of 3									

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RESULTS**#37 Men's Weight Throw (cont'd)**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	MAGALLANES, Hector	FR SVU	12.66m 41' 6 ¹ / ₂ "	12.66	FOUL	FOUL			
2	PEACOCK, Connor	SO Mt. Olive	11.82m 38' 9 ¹ / ₂ "	11.82	NM	FOUL			
3	HARPER, Jaquan	FR S.C. State	11.68m 38' 4"	11.68	FOUL	FOUL			
4	DOSS, Mitchell	SO Randolph	11.63m 38' 2"	FOUL	FOUL	11.63			
5	KNAVE, James	JR Shenandoah	11.49m 37' 8 ¹ / ₂ "	FOUL	11.49	FOUL			
6	BOGGS, Dakota	SR Mt. Olive	10.54m 34' 7"	10.54	FOUL	FOUL			
7	OWUSU, Abel	JR VWU	10.10m 33' 1 ³ / ₄ "	10.10	FOUL	FOUL			
7	AVERY, Darius	FR Catawba	10.10m 33' 1 ³ / ₄ "	10.10	FOUL	FOUL			
9	PATTERSON, Reginald	FR Bridgewater	8.40m 27' 6 ³ / ₄ "	FOUL	8.40	FOUL			
10	HALL, Wyatt	FR Bridgewater	7.47m 24' 6 ¹ / ₄ "	FOUL	7.47	NM			
	WILLIBY, Zach	FR Randolph	NM	FOUL	FOUL	FOUL			
	MORRIS, Jacob	SO Shenandoah	NM	FOUL	FOUL	FOUL			
	WILLIAMS, Matthias	JR S.C. State	NM	FOUL	FOUL	FOUL			
Flight 2 of 3									
1	USHER, Daniel	JR VMI	14.72m 48' 3 ¹ / ₂ "	13.77	13.58	14.72	14.29	FOUL	FOUL
2	BELAYNEH, Ebenezer	SO VCU	14.48m 47' 6 ¹ / ₄ "	14.48	FOUL	14.25	13.88	FOUL	FOUL
3	BLASKO, Derek	JR SVU	13.92m 45' 8"	13.92	13.41	13.59			
4	KINDIG, John	FR Shenandoah	13.78m 45' 2 ¹ / ₂ "	13.78	FOUL	13.35			
5	COLEMAN, Bryson	SO Wofford	13.23m 43' 5"	FOUL	FOUL	13.23			
6	GROSS, Garsen	FR GMU	13.18m 43' 3"	12.82	13.18	FOUL			
7	ROBERTSON, Robert	JR UMW	13.10m 42' 11 ³ / ₄ "	13.10	FOUL	FOUL			
8	HUFFMAN, Corey	SR Bridgewater	12.67m 41' 7"	12.67	FOUL	FOUL			
9	HOWARD, Ben	FR Mt. Olive	12.49m 40' 11 ³ / ₄ "	FOUL	12.49	FOUL			
10	JOHNSON, Tristan	FR UMW	12.09m 39' 8"	12.09	FOUL	FOUL			
11	THOMAS, Elijah	SO Catawba	11.93m 39' 1 ³ / ₄ "	FOUL	11.93	FOUL			
12	SAMI, Grady	SO SVU	11.54m 37' 10 ¹ / ₂ "	11.54	FOUL	FOUL			
	CODRINGTON, Michael	FR Howard	NM	FOUL	FOUL	FOUL			
Flight 3 of 3									
1	SCHWARTZ, Will	SO VCU	17.34m 56' 10 ³ / ₄ "	17.01	16.85	FOUL	17.34	FOUL	FOUL
2	SIMMONS, Jaylen	SO GMU	16.74m 54' 11 ¹ / ₄ "	16.12	16.20	16.74	16.56	FOUL	FOUL
3	NNODIM, Longinus	SR Wofford	16.62m 54' 6 ¹ / ₂ "	16.27	16.33	15.21	FOUL	16.62	FOUL
4	SMITH, Ripken	SR UMW	15.82m 51' 11"	15.77	15.82	14.40	FOUL	FOUL	15.39
5	VOLLBRECHT, Jaekob	FR VCU	15.41m 50' 6 ³ / ₄ "	14.71	15.41	FOUL	15.32	FOUL	FOUL
6	EDWARDS, Nicholas	FR Hampton	15.27m 50' 1 ¹ / ₄ "	FOUL	15.27	FOUL	FOUL	FOUL	14.89
7	WEBERT, Quentin	SO VWU	14.03m 46' 0 ¹ / ₂ "	FOUL	14.03	FOUL	FOUL	13.91	FOUL
8	DICKINSON, Jack	JR Westmont	13.54m 44' 5 ¹ / ₄ "	13.54	13.14	FOUL			
9	HOPPE, Dalton	SR Lynchburg	13.46m 44' 2"	FOUL	13.46	FOUL			
10	YAP, Sidney	JR GMU	13.29m 43' 7 ¹ / ₄ "	13.29	FOUL	FOUL			
11	AUVIL, Josh	SO Montreat	13.23m 43' 5"	FOUL	12.69	13.23			
12	COCKRELL, Coby	FR VWU	12.61m 41' 4 ¹ / ₂ "	12.61	FOUL	FOUL			
	JOHNSON, Sheldon	Unattached	NM						

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RESULTS**#33 Men's Triple Jump**

Top 9 to Finals. Minimum Mark: 12.25 meters

\$ CPTF 15.38m Malik Franklin Savannah State

2:00 PM (Day 1):

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(PI)
1 JENKINS, Shamar	FR Shippensburg	14.70m 48' 2 ³ / ₄ "	14.70	14.22	14.13	14.28	14.25		2(1)
2 WHITE, Jason	SO Shenandoah	13.74m 45' 1"	FOUL	FOUL	13.34	13.41	13.37	13.74	2(2)
3 MITCHELL, Shaquille	SO Shippensburg	13.72m 45' 0 ¹ / ₄ "	13.27	13.72	12.95	12.89	13.27	13.44	2(3)
4 BETHEA, Devin	SR VCU	13.63m 44' 8 ³ / ₄ "	FOUL	13.63	FOUL				2(4)
5 CHRISTIAN, Brandon	SR Bridgewater	13.29m 43' 7 ¹ / ₄ "	12.88	12.93	12.96	12.92	13.08	13.29	2(5)
6 PRATER, Jacob	SO Montreat	13.28m 43' 7"	12.89	13.28	13.13	12.90	FOUL	13.11	2(6)
7 MINGO, Omar	SR Wofford	13.17m 43' 2 ¹ / ₂ "	FOUL	13.07	13.14	13.17	FOUL	FOUL	2(7)
8 WASHINGTON, Jawann	SO Mt. Olive	12.96m 42' 6 ¹ / ₄ "	FOUL	12.87	FOUL	12.58	12.91	12.96	2(8)
9 HINES, Ethan	FR Mt. Olive	12.91m 42' 4 ¹ / ₄ "	12.18	FOUL	12.77	12.81	12.91	12.61	1(1)
10 AFRIFA-BOAKYE, Philemon	SR Randolph	12.60m 41' 4 ¹ / ₄ "	12.49	12.60	FOUL				2(9)
11 PATTON, Trevor	SR American	12.51m 41' 0 ¹ / ₂ "	12.51	FOUL	12.40				1(2)
12 DAVIS, Rashon	JR Bridgewater	12.47m 40' 11"	12.01	11.66	12.47				1(3)
13 MOORE, Christopher	JR Bridgewater	12.42m 40' 9"	12.21	12.42	12.20				1(4)
14 DOERWALDT, Max	Mary Baldwin	12.32m 40' 5"	12.09	12.32	11.94				1(5)
15 ONGUENE, Ben	SO UMW	12.25m 40' 2 ¹ / ₄ "	11.92	12.25	11.95				1(6)
16 ELLIS, Isaiah	SO Wofford	12.15m 39' 10 ¹ / ₂ "	FOUL	12.15	12.15				1(7)
17 BLACKSTONE, David	FR Lynchburg	12.13m 39' 9 ³ / ₄ "	FOUL	FOUL	12.13				2(10)
18 HARRIS, Randy	SR Lynchburg	12.02m 39' 5 ¹ / ₄ "	11.77	12.02	FOUL				2(11)
19 GRAHAM, Jerrel	FR Mary Baldwin	11.55m 37' 10 ³ / ₄ "	11.38	11.55	11.21				1(8)
20 GUNDERSON, Jordan	FR Westmont	11.39m 37' 4 ¹ / ₂ "	11.39	FOUL	11.35				1(9)
21 ALVARO-THOMAS, Cody	FR SVU	11.26m 36' 11 ¹ / ₂ "	FOUL	11.26					1(10)
LEE, Dauntae	FR Catawba	NM	FOUL	FOUL	FOUL				1
GATLING, Michael	FR VVU	NM	FOUL	FOUL	FOUL				1
DUNN, Meredith	JR VVU	NM	FOUL	FOUL	FOUL				1
JOHNSON, Aaron	SO VVU	NM	FOUL	FOUL	FOUL				1
CARR, Lucas	FR Lynchburg	NM	FOUL	FOUL	FOUL				1
CARTER, Samuel	FR Catawba	NM	FOUL	FOUL	FOUL				2
LANE, Josiah	FR Catawba	NM	FOUL	FOUL	FOUL				2
LOPEZ-TESTILLANO, Ivan	FR Mt. Olive	NM							2
IDRIS, Bashir	SR VCU	NM							2

FLIGHT RESULTS

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
Flight 1 of 2								
1 HINES, Ethan	FR Mt. Olive	12.91m 42' 4 ¹ / ₄ "	12.18	FOUL	12.77	12.81	12.91	12.61
2 PATTON, Trevor	SR American	12.51m 41' 0 ¹ / ₂ "	12.51	FOUL	12.40			
3 DAVIS, Rashon	JR Bridgewater	12.47m 40' 11"	12.01	11.66	12.47			
4 MOORE, Christopher	JR Bridgewater	12.42m 40' 9"	12.21	12.42	12.20			
5 DOERWALDT, Max	Mary Baldwin	12.32m 40' 5"	12.09	12.32	11.94			
6 ONGUENE, Ben	SO UMW	12.25m 40' 2 ¹ / ₄ "	11.92	12.25	11.95			
7 ELLIS, Isaiah	SO Wofford	12.15m 39' 10 ¹ / ₂ "	FOUL	12.15	12.15			
8 GRAHAM, Jerrel	FR Mary Baldwin	11.55m 37' 10 ³ / ₄ "	11.38	11.55	11.21			
9 GUNDERSON, Jordan	FR Westmont	11.39m 37' 4 ¹ / ₂ "	11.39	FOUL	11.35			

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RESULTS**#33 Men's Triple Jump (cont'd)**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
10	ALVARO-THOMAS, Cody	FR SVU	11.26m 36' 11 ¹ / ₂	FOUL	11.26				
	LEE, Dauntae	FR Catawba	NM	FOUL	FOUL	FOUL			
	GATLING, Michael	FR VWU	NM	FOUL	FOUL	FOUL			
	DUNN, Meredith	JR VWU	NM	FOUL	FOUL	FOUL			
	JOHNSON, Aaron	SO VWU	NM	FOUL	FOUL	FOUL			
	CARR, Lucas	FR Lynchburg	NM	FOUL	FOUL	FOUL			
Flight 2 of 2									
1	JENKINS, Shamar	FR Shippensburg	14.70m 48' 2 ³ / ₄	14.70	14.22	14.13	14.28	14.25	
2	WHITE, Jason	SO Shenandoah	13.74m 45' 1"	FOUL	FOUL	13.34	13.41	13.37	13.74
3	MITCHELL, Shaquille	SO Shippensburg	13.72m 45' 0 ¹ / ₄	13.27	13.72	12.95	12.89	13.27	13.44
4	BETHEA, Devin	SR VCU	13.63m 44' 8 ³ / ₄	FOUL	13.63	FOUL			
5	CHRISTIAN, Brandon	SR Bridgewater	13.29m 43' 7 ¹ / ₄	12.88	12.93	12.96	12.92	13.08	13.29
6	PRATER, Jacob	SO Montreat	13.28m 43' 7"	12.89	13.28	13.13	12.90	FOUL	13.11
7	MINGO, Omar	SR Wofford	13.17m 43' 2 ¹ / ₂	FOUL	13.07	13.14	13.17	FOUL	FOUL
8	WASHINGTON, Jawann	SO Mt. Olive	12.96m 42' 6 ¹ / ₄	FOUL	12.87	FOUL	12.58	12.91	12.96
9	AFRIFA-BOAKYE, Philemon	SR Randolph	12.60m 41' 4 ¹ / ₄	12.49	12.60	FOUL			
10	BLACKSTONE, David	FR Lynchburg	12.13m 39' 9 ³ / ₄	FOUL	FOUL	12.13			
11	HARRIS, Randy	SR Lynchburg	12.02m 39' 5 ¹ / ₄	11.77	12.02	FOUL			
	CARTER, Samuel	FR Catawba	NM	FOUL	FOUL	FOUL			
	LANE, Josiah	FR Catawba	NM	FOUL	FOUL	FOUL			
	LOPEZ-TESTILLANO, Ivan	FR Mt. Olive	NM						
	IDRIS, Bashir	SR VCU	NM						

#30 Women's Pole Vault

Progressions: 2.90, 3.05, 3.20, 3.35, 3.50, 3.65, 3.80, 3.95, 4.10

\$ CPTF 4.05m Bridget Guy Virginia

2:00 PM (Day 1):

Pl	Name	Yr Team	Mark	2.90	3.05	3.20	3.35	3.50	3.65	3.72
1	VANAKEN, Maddie	JR Lynchburg	3.65m 11' 11 ³ / ₄	P	P	O	O	O	XO	XXX
2	NEMITZ, Dana	SR Westmont	3.50m 11' 5 ³ / ₄	P	P	P	O	O	XXX	
3	DUNN, McKenna	FR VMI	3.35m 10' 11 ³ / ₄	P	P	O	O	XXX		
4	BOURDON, Sarah	JR Shippensburg	3.35m 10' 11 ³ / ₄	P	P	P	XO	XXX		
5	CASTO, Bailey	FR Lynchburg	3.20m 10' 6"	O	O	O	XXX			
6	VANWINKLE, Alexis	FR Randolph	2.90m 9' 6 ¹ / ₄	O	XXX					
7	SKEEN, Kamber	JR Mt. Olive	2.90m 9' 6 ¹ / ₄	XO	XXX					
7	JAMES, Yamina	JR UMW	2.90m 9' 6 ¹ / ₄	XO	XXX					
	WASHINGTON, Kwonsha	SR VWU	NH	XXX						
	GUERRA, Jillian	FR Lynchburg	NH	XXX						
	GRAY, Erin	SO UMW	NH	XXX						
	AKERS, Kelly	FR Bridgewater	NH	XXX						
	BOND, Katie	FR Coastal Car.	NH	XXX						
	FORREN, Grace	FR Coastal Car.	NH	XXX						
	DRUMMONDS, Taylor	Unattached	NH							

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RESULTS**#25 Men's 4000m DMR**

\$ CPTF 9:59.30 Klau, Shirley, Buscaglia, Corbett Virginia

2:00 PM (Day 1):

Pl	Team	Time	Note
1	Westmont (A)	10:14.74	
	1) PEREZ ESPINO, Pedro JR 3:12.2671 (3:12.2671)	2) MALBERG, Patrick JR 4:03.7204 (51.4533)	
	3) KISER, John FR 6:02.4138 (1:58.6934)	4) GUTHRIE, Hayden SO 10:14.7388 (4:12.3250)	
2	VMI (A)	10:17.75	
	1) JENKINS, Gavin FR 3:10.8438 (3:10.8438)	2) GRAY, Jonathan FR 4:02.2438 (51.4000)	
	3) LAUSTER, Zach FR 6:00.3438 (1:58.1000)	4) SHAHBAZ, Jahanzib JR 10:17.7421 (4:17.3983)	
3	GMU (A)	10:19.89	
	1) WARREN, Finbarr FR 3:07.7438 (3:07.7438)	2) OSBORNE, Chase FR 3:56.9088 (49.1650)	
	3) ROHLER, Devin SO 5:56.3521 (1:59.4433)	4) LONSDALE, Jake SO 10:19.8904 (4:23.5383)	
4	Catawba (A)	10:25.87	
	1) ALEJANDRO, Javier JR 3:11.3754 (3:11.3754)	2) PITTMAN, Brien FR 4:02.1588 (50.7834)	
	3) JOYCE, Tom SO 5:59.6504 (1:57.4916)	4) BEMIS, Ethan SO 10:25.8638 (4:26.2134)	
5	Davis & Elkins (A)	10:58.47	
	1) HAYES, Colin FR 3:19.9204 (3:19.9204)	2) SCHEUFELE, Dawson FR 4:12.9904 (53.0700)	
	3) PERSONETT, Asher FR 6:17.3754 (2:04.3850)	4) BARKER, Scott FR 10:58.4654 (4:41.0900)	
6	VWU (A)	11:11.39	
	1) TRES, Michael JR 3:29.3938 (3:29.3938)	2) HERRERA-BEVAN, Ezekiel SO 4:23.2004 (53.8066)	
	3) STEEL, Gavin SR 6:36.6921 (2:13.4917)	4) LATTUCA, Skyler FR 11:11.3854 (4:34.6933)	
7	Randolph (A)	13:02.13	
	1) EPPERLY, Brayden FR 4:00.5221 (4:00.5221)	2) BETTS, Brandon FR 4:56.8421 (56.3200)	
	3) MOTT, Sam FR 7:17.4788 (2:20.6367)	4) KINTON, Kenny SO 13:02.1304 (5:44.6516)	
	Hampton (A)	DNF	
	1) BURRIS, Tayvon SR	2) BOWERS, Brent FR	
	3) GARY, Khalil JR	4) MCCULLOUGH, Geoffrey JR	

#26 Women's 4000m DMR

\$ CPTF 11:52.94 Crow, Cooley, Kuntz, Jennings Furman

2:12 PM (Day 1):

Pl	Team	Time	Note
1	GMU (A)	12:37.85	
	1) SAINE, Noelle FR 3:47.3411 (3:47.3411)	2) MOORE, Calise FR 4:51.2978 (1:03.9567)	
	3) MITCHELL, Patrice SO 7:16.9494 (2:25.6516)	4) FREELAND, Riley FR 12:37.8411 (5:20.8917)	

WINTER RELAYS 2019

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RESULTS**#26 Women's 4000m DMR (cont'd)****2:12 PM (Day 1):**

PI	Team	Time	Note
2	VMI (A)	12:47.34	
	1) LUCKETT, Logan JR 3:50.2844 (3:50.2844)	2) WILLIAMS, Ahliyah FR 4:49.0361 (58.7517)	
	3) KNOBLETT, Julianne JR 7:14.9428 (2:25.9067)	4) ARMFIELD, Anna SO 12:47.3328 (5:32.3900)	
3	Hampton (A)	13:07.28	
	1) BROWN, DeVonya SO 4:02.4694 (4:02.4694)	2) PERKINS, Maya FR 5:05.0344 (1:02.5650)	
	3) JOHNSON, Shakeria FR 7:39.8078 (2:34.7734)	4) RASHAD, Zuri FR 13:07.2728 (5:27.4650)	
4	Westmont (A)	13:25.76	
	1) SALMONS, Savanna FR 4:10.2994 (4:10.2994)	2) CANZONERI, Sarah SO 5:16.3394 (1:06.0400)	
	3) MOHRHOFF, Kristen SO 7:48.4461 (2:32.1067)	4) COLACCHIA, Amanda JR 13:25.7511 (5:37.3050)	
5	Westmont (B)	13:59.56	
	1) LOTTMAN, Emma FR 4:16.1228 (4:16.1228)	2) QUEZADA, Brianna SO 5:27.0878 (1:10.9650)	
	3) MORALES, Alicia SO 8:09.1378 (2:42.0500)	4) CLAUD, Sarah JR 13:59.5544 (5:50.4166)	
6	Mary Baldwin (A)	14:45.95	
	1) ROSAS, Jaquelin SO 4:25.7044 (4:25.7044)	2) MUSGROVE, Quinland FR 5:33.3344 (1:07.6300)	
	3) JAY-BRYNER, Tayla FR 8:27.8728 (2:54.5384)	4) REEDER, Josephina SO 14:45.9444 (6:18.0716)	
7	VWU (A)	14:56.14	
	1) KINKA, Destiny FR 4:27.8578 (4:27.8578)	2) LORENZI, Teah FR 5:38.5628 (1:10.7050)	
	3) MEINEN, Kayleen SO 8:31.6178 (2:53.0550)	4) CROCKER, Niya FR 14:56.1378 (6:24.5200)	

#20 Women's 60m Hurdles

\$ CPTF 8.18 Gabriele Cunningham North Carolina State

2:30 PM (Day 1): (Top 1 per Heat + next 18 advance)**Prelims**

PI	Name	Yr	Team	Time	Note	H(PI)
1	ONUOHA, Uchechi	JR	Howard	8.69Q		2(1)
2	MILLER, Emilie	FR	Radford	8.90Q		1(1)
3	SCOTT, Kaitlin	SR	Hampton	8.91Q		3(1)
4	LANE, Davina	SO	GMU	8.92q		1(2)
5	HINES, Anacia	SR	Coastal Car.	8.96Q		6(1)
6	KAFI, Malak	JR	Mt. Olive	9.00Q		5(1)
7	MATTHEWS, Tania	FR	Richmond	9.01q		1(3)
8	SHIPPY, Destiny	FR	Wofford	9.02q		3(2)
9	BANKS, Khoi	JR	VCU	9.04q		5(2)
10	JACKSON, Catherine	SO	GMU	9.05q		3(3)
11	EVANS, Erica	JR	Coastal Car.	9.13q		1(4)
12	VALLE, Emily	JR	Bridgewater	9.20Q		4(1)
13	DAVIS, Sydney	SR	Hampton	9.23q		2(2)

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#20 Women's 60m Hurdles (cont'd)

2:30 PM (Day 1): (Top 1 per Heat + next 18 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
14	DUNN, Megan	SO	Wofford	9.24q		2(3)
15	PURNELL, Tatiana	SR	Shippensburg	9.27q		6(2)
16	PRESTON, Brittany	JR	GMU	9.28q	9.273	5(3)
17	GUINE-HERNDON, Nia	FR	Howard	9.28q	9.276	5(4)
18	ELEY, Crystal	SR	Hampton	9.29q		2(4)
19	GILLESPIE, Ariyonne	JR	S.C. State	9.33q		5(5)
20	RICE, Kylan	FR	Howard	9.34q		6(3)
21	SCALES, Zoe	FR	Lynchburg	9.37q		1(5)
22	WASHINGTON, Tenae	JR	Radford	9.38q		6(4)
23	BERKELEY, Haley	JR	Richmond	9.41q		3(4)
24	BERES, LeClare	SR	VCU	9.59q		4(2)
25	LACY, Maya	SO	Lynchburg	9.63		6(5)
26	STUTZKE, Luisa	SO	Mt. Olive	9.65		5(6)
27	BANYI, Michaela	JR	Westmont	9.80		3(5)
28	PERRY, Destunia	SO	Lynchburg	9.83		2(5)
29	HELM, Erica	SR	Shippensburg	9.85		4(3)
30	JACKSON, Amaya	FR	Richmond	9.90		4(4)
31	PLAUGHER, Rosa	SO	Davis & Elkins	10.07		1(6)
32	CHANTHYASAK-WHITE, Victoria	SO	UMW	10.08		2(6)
33	SHEEHY, Ann	SR	VCU	10.13		2(7)
34	STOPPA, Brianna	SR	Westmont	10.17		3(6)
35	FITZPATRICK, Erin	SO	Bridgewater	10.32		1(7)
36	THOMAS, Brenea	SR	VMI	10.41		4(5)
37	SMITH, Caitlin	SR	Westmont	10.72		5(7)
	LOGAN, Desmone	FR	UMW	DNF		3

HEAT RESULTS

Prelims

Pl	Name	Yr	Team	Time	Note
Heat 1 of 6					
1	MILLER, Emilie	FR	Radford	8.90Q	
2	LANE, Davina	SO	GMU	8.92q	
3	MATTHEWS, Tania	FR	Richmond	9.01q	
4	EVANS, Erica	JR	Coastal Car.	9.13q	
5	SCALES, Zoe	FR	Lynchburg	9.37q	
6	PLAUGHER, Rosa	SO	Davis & Elkins	10.07	
7	FITZPATRICK, Erin	SO	Bridgewater	10.32	
Heat 2 of 6					
1	ONUOHA, Uchechi	JR	Howard	8.69Q	
2	DAVIS, Sydney	SR	Hampton	9.23q	
3	DUNN, Megan	SO	Wofford	9.24q	
4	ELEY, Crystal	SR	Hampton	9.29q	
5	PERRY, Destunia	SO	Lynchburg	9.83	
6	CHANTHYASAK-WHITE, Victoria	SO	UMW	10.08	

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RESULTS**#20 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
7	SHEEHY, Ann	SR	VCU	10.13	

Heat 3 of 6

1	SCOTT, Kaitlin	SR	Hampton	8.91Q	
2	SHIPPY, Destiny	FR	Wofford	9.02q	
3	JACKSON, Catherine	SO	GMU	9.05q	
4	BERKELEY, Haley	JR	Richmond	9.41q	
5	BANYI, Michaela	JR	Westmont	9.80	
6	STOPPA, Brianna	SR	Westmont	10.17	
	LOGAN, Desmone	FR	UMW	DNF	

Heat 4 of 6

1	VALLE, Emily	JR	Bridgewater	9.20Q	
2	BERES, LeClare	SR	VCU	9.59q	
3	HELM, Erica	SR	Shippensburg	9.85	
4	JACKSON, Amaya	FR	Richmond	9.90	
5	THOMAS, Brenea	SR	VMI	10.41	

Heat 5 of 6

1	KAFI, Malak	JR	Mt. Olive	9.00Q	
2	BANKS, Khoi	JR	VCU	9.04q	
3	PRESTON, Brittany	JR	GMU	9.28q	9.273
4	GUINE-HERNDON, Nia	FR	Howard	9.28q	9.276
5	GILLESPIE, Ariyonne	JR	S.C. State	9.33q	
6	STUTZKE, Luisa	SO	Mt. Olive	9.65	
7	SMITH, Caitlin	SR	Westmont	10.72	

Heat 6 of 6

1	HINES, Anacia	SR	Coastal Car.	8.96Q	
2	PURNELL, Tatiana	SR	Shippensburg	9.27q	
3	RICE, Kylan	FR	Howard	9.34q	
4	WASHINGTON, Tenae	JR	Radford	9.38q	
5	LACY, Maya	SO	Lynchburg	9.63	

#19 Men's 60m Hurdles

\$ CPTF 7.75 Jovaine Atkinson Liberty

2:45 PM (Day 1): (Top 1 per Heat + next 19 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	CORBIN, Nick	SO	GMU	8.23Q	8.224	4(1)
2	DAVIS, Ian	JR	VCU	8.23Q	8.229	2(1)
3	TOP, Pieter	JR	Westmont	8.25q		4(2)
4	RINAMAN, Ori	SR	Shippensburg	8.27Q		5(1)
5	WILLIAMS, Jaelen	JR	Hampton	8.29Q		1(1)
6	ELLIS, Isaiah	SO	Wofford	8.37q		5(2)
7	FAIRCLOTH, Daiqwaun	FR	VCU	8.40q		1(2)
8	GRAHAM, Charles	SR	Hampton	8.43Q		3(1)
9	DANIEL, Ashton	FR	Howard	8.46q		2(2)
10	NEMITZ, Jackson	SR	Westmont	8.51q		4(3)
11	COOPER, Demond	JR	Mt. Olive	8.53q	8.521	4(4)

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Timing:
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RESULTS**#19 Men's 60m Hurdles (cont'd)**

2:45 PM (Day 1): (Top 1 per Heat + next 19 advance)

Prelims

Pl Name	Yr Team	Time Note	H(Pl)
12 CARTER, Kishaun	FR Howard	8.53q 8.530	3(2)
13 MOFFO, Landry	FR VWU	8.64q	1(3)
14 ROSENTHAL, Chase	SO Bridgewater	8.72q	3(3)
15 HALL, Jonathan	JR Wofford	8.73q	4(5)
16 NOBLE, Rashaun	FR Catawba	8.82q 8.814	1(4)
17 DOERWALDT, Max	Mary Baldwin	8.82q 8.820	3(4)
18 MORAN, Kevin	JR Lynchburg	8.85q	1(5)
19 MUKENI, Jonathan	SO VCU	8.89q	1(6)
20 BRANTLEY, David	SR Shippensburg	8.99q	2(3)
21 GATLING, Michael	FR VWU	9.07q	5(3)
22 KAVOUNIS, Corey	FR Lynchburg	9.10q 9.093	3(5)
23 PEYTON, William	SO VWU	9.10q 9.099	2(4)
24 HOLLIDAY, Kyle	FR Shenandoah	9.12q	2(5)
25 GIESELER, John	JR Bridgewater	9.26	3(6)
26 BLACKSTONE, David	FR Lynchburg	9.50	4(6)
27 KLOCKE, Matthew	FR Shenandoah	9.52	1(7)
28 CHILTON, Nolan	FR Catawba	10.11	5(4)
CHANDLER-BYRD, D'andre	SO UMW	DNF	5
HEINRICH, Conrad	SR Wofford	FS	5

HEAT RESULTS**Prelims**

Pl Name	Yr Team	Time Note
Heat 1 of 5		
1 WILLIAMS, Jaelen	JR Hampton	8.29Q
2 FAIRCLOTH, Daiqwaun	FR VCU	8.40q
3 MOFFO, Landry	FR VWU	8.64q
4 NOBLE, Rashaun	FR Catawba	8.82q 8.814
5 MORAN, Kevin	JR Lynchburg	8.85q
6 MUKENI, Jonathan	SO VCU	8.89q
7 KLOCKE, Matthew	FR Shenandoah	9.52
Heat 2 of 5		
1 DAVIS, Ian	JR VCU	8.23Q 8.229
2 DANIEL, Ashton	FR Howard	8.46q
3 BRANTLEY, David	SR Shippensburg	8.99q
4 PEYTON, William	SO VWU	9.10q 9.099
5 HOLLIDAY, Kyle	FR Shenandoah	9.12q
Heat 3 of 5		
1 GRAHAM, Charles	SR Hampton	8.43Q
2 CARTER, Kishaun	FR Howard	8.53q 8.530
3 ROSENTHAL, Chase	SO Bridgewater	8.72q
4 DOERWALDT, Max	Mary Baldwin	8.82q 8.820
5 KAVOUNIS, Corey	FR Lynchburg	9.10q 9.093
6 GIESELER, John	JR Bridgewater	9.26

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RESULTS**#19 Men's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
Heat 4 of 5					
1	CORBIN, Nick		SO GMU	8.23Q	8.224
2	TOP, Pieter		JR Westmont	8.25q	
3	NEMITZ, Jackson		SR Westmont	8.51q	
4	COOPER, Demond		JR Mt. Olive	8.53q	8.521
5	HALL, Jonathan		JR Wofford	8.73q	
6	BLACKSTONE, David		FR Lynchburg	9.50	
Heat 5 of 5					
1	RINAMAN, Ori		SR Shippensburg	8.27Q	
2	ELLIS, Isaiah		SO Wofford	8.37q	
3	GATLING, Michael		FR VWU	9.07q	
4	CHILTON, Nolan		FR Catawba	10.11	
	CHANDLER-BYRD, D'andre		SO UMW	DNF	
	HEINRICH, Conrad		SR Wofford	FS	

#36 Women's Shot Put**Top 9 to Finals. Minimum Mark: 11.00 meters**

\$ CPTF 16.01m Galissia Cause East Carolina

3:00 PM (Day 1):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)
1	THOMAS, Kiyanna		JR Hampton	14.50m 47' 7"	13.15	13.09	13.63	FOUL	13.79	14.50	4(1)
2	SANDERS, Camora		SR VCU	13.69m 44' 11"	FOUL	13.69	12.99	13.23	FOUL	13.58	4(2)
3	MOISE, Shannon		FR VCU	13.24m 43' 5 1/4"	11.39	13.07	FOUL	12.89	13.24	12.87	4(3)
4	LECKMAN, Sarah		SO VMI	13.21m 43' 4 1/4"	12.71	13.05	12.91	13.21	11.99	12.62	4(4)
5	MULITALO, Baylee		FR SVU	13.09m 42' 11 1/2"	12.18	13.06	13.09	12.49	12.41	12.23	4(5)
6	MITCHELL, Corneisha		JR Hampton	12.98m 42' 7"	12.06	FOUL	FOUL	12.98	12.77	12.38	4(6)
7	MCRAE, Jessica		FR GMU	12.46m 40' 10 1/2"	12.46	12.34	11.55	FOUL	FOUL	11.86	4(7)
8	ROBIN, Tyler		SR VCU	12.36m 40' 6 3/4"	FOUL	12.14	12.36	FOUL	FOUL	FOUL	4(8)
9	NELSON, Casey		FR GMU	12.13m 39' 9 3/4"	12.01	11.89	11.57	FOUL	12.13	11.87	4(9)
10	LOGAN, Maura		SO VMI	11.89m 39' 0 1/4"	10.54	11.54	11.89				3(1)
11	LEA'E, Princess		FR Mt. Olive	11.78m 38' 7 3/4"	11.78	11.76	11.49				4(10)
12	RICHARDS, Jamalia		FR JMU	11.47m 37' 7 3/4"	11.47	FOUL	11.39				3(2)
13	TABB-REED, Zinnie		JR GMU	11.26m 36' 11 1/2"	10.36	11.26	FOUL				3(3)
14	SCOTT, Kaitlin		SR Hampton	11.22m 36' 9 3/4"	11.22	FOUL	11.02				3(4)
15	BURROWS, Ella		FR SVU	11.15m 36' 7"	11.15	NM	FOUL				4(11)
16	SWEPSON, Candace		FR Catawba	11.05m 36' 3"	FOUL	11.05	FOUL				3(5)
17	GUTHRIE, Taylor		SO S.C. State	11.02m 36' 2"	FOUL	9.60	11.02				3(6)
18	FERGUSON, Chloe		SR Bridgewater	10.71m 35' 1 3/4"	10.71	FOUL	FOUL				2(1)
19	MORROW, Dale		JR Lynchburg	10.67m 35' 0 1/4"	FOUL	10.67	FOUL				2(2)
20	HAYS, Sydney		JR VMI	10.65m 34' 11 1/4"	10.65	FOUL	FOUL				3(7)
21	MORRISON, Tameia		SO Mt. Olive	10.45m 34' 3 1/2"	10.45	FOUL	FOUL				3(8)
22	TOBIN, Samantha		SO Mt. Olive	10.42m 34' 2 1/4"	FOUL	10.42	FOUL				3(9)
23	HAUGSDAHL, Sofie		FR Mary Baldwin	10.38m 34' 0 3/4"	FOUL	FOUL	10.38				2(3)
24	WOODRUM, Jean		SO UMW	10.37m 34' 0 1/4"	FOUL	10.37	FOUL				1(1)
25	HARRISON, Sarah		FR Mary Baldwin	10.12m 33' 2 1/2"	FOUL	10.12	FOUL				1(2)
26	PRICE, Kiara		FR Radford	10.10m 33' 1 3/4"	10.10	FOUL	FOUL				2(4)

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RESULTS**#36 Women's Shot Put (cont'd)**

3:00 PM (Day 1):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)
27	RYAN, Jamie	SO	Shenandoah	10.09m 33' 1 ¹ / ₄	10.09	FOUL	FOUL				2(5)
28	MAHER, Madeleine	SO	SVU	10.00m 32' 9 ³ / ₄	10.00	FOUL	FOUL				3(10)
29	BENEFIELD, Elle	SO	Lynchburg	9.97m 32' 8 ¹ / ₂	FOUL	FOUL	9.97				1(3)
30	BANYI, Michaela	JR	Westmont	9.76m 32' 0 ¹ / ₄	FOUL	9.76	FOUL				2(6)
31	DUNN, Megan	SO	Wofford	9.75m 32' 0"	9.75	FOUL	FOUL				2(7)
32	STEVENSON, Teliya	SR	Randolph	9.70m 31' 10"	FOUL	FOUL	9.70				2(8)
33	MCCASKILL, Airika	FR	Coastal Car.	9.64m 31' 7 ¹ / ₂	FOUL	9.64	FOUL				3(11)
34	CAMPBELL, Tigere	JR	S.C. State	9.58m 31' 5 ¹ / ₄	FOUL	9.58	FOUL				1(4)
35	HAUGSDAHL, Disa	SO	Lynchburg	9.42m 30' 11"	FOUL	FOUL	9.42				2(9)
36	LONG, Tatyana	FR	Catawba	9.37m 30' 9"	9.37	FOUL	FOUL				1(5)
37	KLOSTER, Olivia	FR	Bridgewater	9.26m 30' 4 ³ / ₄	FOUL	FOUL	9.26				1(6)
38	CUSTER, Renee	SO	Shenandoah	9.20m 30' 2 ¹ / ₄	FOUL	9.20	FOUL				2(10)
39	WERNER, Danielle	JR	Bridgewater	9.12m 29' 11 ¹ / ₄	9.12	FOUL	FOUL				3(12)
40	STOPPA, Brianna	SR	Westmont	8.80m 28' 10 ¹ / ₂	8.80	FOUL	FOUL				1(7)
41	EVANS, Erica	JR	Coastal Car.	8.61m 28' 3"	8.61	FOUL	FOUL				1(8)
42	DIALLO, Mariama	FR	VWU	8.42m 27' 7 ¹ / ₂	FOUL	FOUL	8.42				1(9)
43	LEPRI, Natalie	SO	Shenandoah	8.37m 27' 5 ¹ / ₂	FOUL	FOUL	8.37				1(10)
44	MUELLER, Heidi	SO	Catawba	8.33m 27' 4"	FOUL	FOUL	8.33				1(11)
45	HIPPLE, Joanna	SR	Westmont	7.61m 24' 11 ³ / ₄	FOUL	FOUL	7.61				1(12)
	ROBINSON, Asha	FR	S.C. State	NM	FOUL	FOUL	FOUL				1
	TAYELOR, Thrasher-Walker	FR	Radford	NM							2
	LOPEZ, Sandra	SO	Wofford	NM	FOUL	FOUL	FOUL				2
	CLARK, Kaylah	SO	Howard	NM	FOUL	FOUL	FOUL				4

FLIGHT RESULTS

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
Flight 1 of 4											
1	WOODRUM, Jean	SO	UMW	10.37m 34' 0 ¹ / ₄	FOUL	10.37	FOUL				
2	HARRISON, Sarah	FR	Mary Baldwin	10.12m 33' 2 ¹ / ₂	FOUL	10.12	FOUL				
3	BENEFIELD, Elle	SO	Lynchburg	9.97m 32' 8 ¹ / ₂	FOUL	FOUL	9.97				
4	CAMPBELL, Tigere	JR	S.C. State	9.58m 31' 5 ¹ / ₄	FOUL	9.58	FOUL				
5	LONG, Tatyana	FR	Catawba	9.37m 30' 9"	9.37	FOUL	FOUL				
6	KLOSTER, Olivia	FR	Bridgewater	9.26m 30' 4 ³ / ₄	FOUL	FOUL	9.26				
7	STOPPA, Brianna	SR	Westmont	8.80m 28' 10 ¹ / ₂	8.80	FOUL	FOUL				
8	EVANS, Erica	JR	Coastal Car.	8.61m 28' 3"	8.61	FOUL	FOUL				
9	DIALLO, Mariama	FR	VWU	8.42m 27' 7 ¹ / ₂	FOUL	FOUL	8.42				
10	LEPRI, Natalie	SO	Shenandoah	8.37m 27' 5 ¹ / ₂	FOUL	FOUL	8.37				
11	MUELLER, Heidi	SO	Catawba	8.33m 27' 4"	FOUL	FOUL	8.33				
12	HIPPLE, Joanna	SR	Westmont	7.61m 24' 11 ³ / ₄	FOUL	FOUL	7.61				
	ROBINSON, Asha	FR	S.C. State	NM	FOUL	FOUL	FOUL				
Flight 2 of 4											
1	FERGUSON, Chloe	SR	Bridgewater	10.71m 35' 1 ³ / ₄	10.71	FOUL	FOUL				
2	MORROW, Dale	JR	Lynchburg	10.67m 35' 0 ¹ / ₄	FOUL	10.67	FOUL				
3	HAUGSDAHL, Sofie	FR	Mary Baldwin	10.38m 34' 0 ³ / ₄	FOUL	FOUL	10.38				
4	PRICE, Kiara	FR	Radford	10.10m 33' 1 ³ / ₄	10.10	FOUL	FOUL				

WINTER RELAYS 2019

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RESULTS**#36 Women's Shot Put (cont'd)**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
5	RYAN, Jamie	SO Shenandoah	10.09m 33' 1 1/4"	10.09	FOUL	FOUL			
6	BANYI, Michaela	JR Westmont	9.76m 32' 0 1/4"	FOUL	9.76	FOUL			
7	DUNN, Megan	SO Wofford	9.75m 32' 0"	9.75	FOUL	FOUL			
8	STEVENSON, Teliya	SR Randolph	9.70m 31' 10"	FOUL	FOUL	9.70			
9	HAUGSDAHL, Disa	SO Lynchburg	9.42m 30' 11"	FOUL	FOUL	9.42			
10	CUSTER, Renee	SO Shenandoah	9.20m 30' 2 1/4"	FOUL	9.20	FOUL			
	TAYELOR, Thrasher-Walker	FR Radford	NM						
	LOPEZ, Sandra	SO Wofford	NM	FOUL	FOUL	FOUL			
Flight 3 of 4									
1	LOGAN, Maura	SO VMI	11.89m 39' 0 1/4"	10.54	11.54	11.89			
2	RICHARDS, Jamalia	FR JMU	11.47m 37' 7 3/4"	11.47	FOUL	11.39			
3	TABB-REED, Zinnie	JR GMU	11.26m 36' 11 1/2"	10.36	11.26	FOUL			
4	SCOTT, Kaitlin	SR Hampton	11.22m 36' 9 3/4"	11.22	FOUL	11.02			
5	SWEPSON, Candace	FR Catawba	11.05m 36' 3"	FOUL	11.05	FOUL			
6	GUTHRIE, Taylor	SO S.C. State	11.02m 36' 2"	FOUL	9.60	11.02			
7	HAYS, Sydney	JR VMI	10.65m 34' 11 1/4"	10.65	FOUL	FOUL			
8	MORRISON, Tameia	SO Mt. Olive	10.45m 34' 3 1/2"	10.45	FOUL	FOUL			
9	TOBIN, Samantha	SO Mt. Olive	10.42m 34' 2 1/4"	FOUL	10.42	FOUL			
10	MAHER, Madeleine	SO SVU	10.00m 32' 9 3/4"	10.00	FOUL	FOUL			
11	MCCASKILL, Airika	FR Coastal Car.	9.64m 31' 7 1/2"	FOUL	9.64	FOUL			
12	WERNER, Danielle	JR Bridgewater	9.12m 29' 11 1/4"	9.12	FOUL	FOUL			
Flight 4 of 4									
1	THOMAS, Kiyanna	JR Hampton	14.50m 47' 7"	13.15	13.09	13.63	FOUL	13.79	14.50
2	SANDERS, Camora	SR VCU	13.69m 44' 11"	FOUL	13.69	12.99	13.23	FOUL	13.58
3	MOISE, Shannon	FR VCU	13.24m 43' 5 1/4"	11.39	13.07	FOUL	12.89	13.24	12.87
4	LECKMAN, Sarah	SO VMI	13.21m 43' 4 1/4"	12.71	13.05	12.91	13.21	11.99	12.62
5	MULITALO, Baylee	FR SVU	13.09m 42' 11 1/2"	12.18	13.06	13.09	12.49	12.41	12.23
6	MITCHELL, Corneisha	JR Hampton	12.98m 42' 7"	12.06	FOUL	FOUL	12.98	12.77	12.38
7	MCRAE, Jessica	FR GMU	12.46m 40' 10 1/2"	12.46	12.34	11.55	FOUL	FOUL	11.86
8	ROBIN, Tyler	SR VCU	12.36m 40' 6 3/4"	FOUL	12.14	12.36	FOUL	FOUL	FOUL
9	NELSON, Casey	FR GMU	12.13m 39' 9 3/4"	12.01	11.89	11.57	FOUL	12.13	11.87
10	LEA'E, Princess	FR Mt. Olive	11.78m 38' 7 3/4"	11.78	11.76	11.49			
11	BURROWS, Ella	FR SVU	11.15m 36' 7"	11.15	NM	FOUL			
	CLARK, Kaylah	SO Howard	NM	FOUL	FOUL	FOUL			

#1 Men's 60 Meters

\$ CPTF 6.65 Demek Kemp South Carolina State

3:00 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr Team	Time Note	H(Pl)
1	MUHAMMAD, Jaylen	JR Wofford	6.92Q	2(1)
2	MILES, Roland	FR Shippensburg	6.94Q6.932	7(1)
3	WALLER, JeVon	FR VCU	6.94Q6.937	1(1)
4	TURNER, Darius	FR Catawba	6.95q 6.943	7(2)
5	ALEXANDER, Jamik	SR VCU	6.95Q6.945	4(1)
6	JENKINS, Zach	SO Mt. Olive	6.98q	4(2)
7	LESTER-HARRIS, Joshua	SO Montreat	6.99Q	8(1)

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RESULTS

#1 Men's 60 Meters (cont'd)

3:00 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
8	PRICE, Derrick	FR	Hampton	7.00Q		3(1)
9	MIDDLEBROOKS, Johnny	JR	Mt. Olive	7.01q		1(2)
10	BAPOUPELEH, John	JR	Wofford	7.02q		1(3)
11	STAMFORD, Dreux	SR	Shippensburg	7.03q	7.027	2(2)
12	REMBER-JETT, Wadell	FR	S.C. State	7.03Q	7.028	6(1)
13	DUDLEY, Curtis	JR	VWU	7.04q		8(2)
14	DOUGLAS, Julian	SO	Lynchburg	7.07q		1(4)
15	POWELL, Davian	SO	GMU	7.09q		3(2)
16	MCDANIEL-BIDDINGS, Darius	SR	Mt. Olive	7.12q		2(3)
17	BEARD, Dylan	SO	Hampton	7.14Q	7.131	5(1)
18	MORTON, Elijah	JR	Shenandoah	7.14q	7.140	3(3)
19	BROWNE, Camron	FR	VCU	7.14q	7.140	5(2)
20	WATSON, Malik	FR	S.C. State	7.14q	7.140	6(2)
21	HAMMOND, Kameron	JR	S.C. State	7.15q	7.142	6(3)
22	LOVELACE, Anthony	SR	Bridgewater	7.15q	7.146	2(4)
23	HARPER, Jarad	FR	Westmont	7.19q	7.187	8(3)
24	SESSOMS, Douglas	SO	Hampton	7.19q	7.190	8(4)
25	WALKER, Jahbriel	FR	Catawba	7.24		7(3)
26	BROWN-FLOWERS, Zashon	FR	Lynchburg	7.25		2(5)
27	MINUS, Caleb	JR	VMI	7.28		7(4)
28	RINCON, James	JR	Westmont	7.30		4(3)
29	PAYNE, Corinthians	FR	Howard	7.32		3(4)
30	NEVAREZ, Bobby	FR	Lynchburg	7.33		6(4)
31	JOHNSON, Dan	FR	VWU	7.37		5(3)
32	WOODARD, Gregory		Mary Baldwin	7.39		1(5)
33	BOWMAN, Isaiah	SO	Concord	7.41		4(4)
34	ROEBUCK, Jonathan	SO	Concord	7.42		3(5)
35	JACKSON III, Wilson	FR	Shenandoah	7.43		2(6)
36	LAPOINTE, Jephthe	FR	SVU	7.44		2(7)
37	MILLER, Luke	FR	UMW	7.46		4(5)
38	JONES, Dymere	FR	Davis & Elkins	7.48		8(5)
39	THORNBURG, Caleb	FR	Montreat	7.52		1(6)
40	CHANDLER-BYRD, D'andre	SO	UMW	7.54	7.538	5(4)
40	SAKIMURA, Tyler	SO	UMW	7.54	7.538	8(6)
42	CAMPBELL-FOWLER, Timothy	SO	Davis & Elkins	7.54	7.539	6(5)
43	TRAHAN, Bret	FR	VMI	7.56		5(5)
44	IMES IV, Steven	SO	Howard	7.57	7.565	6(6)
45	JACKSON, DeAndre	FR	Randolph	7.57	7.566	3(6)
46	CONCHA-PEDRAZA, Daniel	FR	American	7.58		3(7)
47	MOHABIR, Lamont	FR	Randolph	7.60		1(7)
48	STOUT, Robert	JR	Wofford	7.67		4(6)
49	IBRAHIM, Khalil	FR	American	7.74		7(5)
50	GRAHAM, Jerrel	FR	Mary Baldwin	7.76		8(7)
51	CARERRA, Nick	FR	VWU	7.77	7.765	3(8)

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RESULTS**#1 Men's 60 Meters (cont'd)**

3:00 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
52	BROWN, Kandre	FR	Davis & Elkins	7.77	7.770	7(6)
53	PEABODY, Destiny	FR	Shenandoah	7.97		7(7)
54	WILLIAMS, Romajin		Mary Baldwin	7.98		8(8)
55	SATAKE, Yoshimune	FR	American	8.08		5(6)
56	DORWIL, EJ	FR	Shippensburg	8.35		6(7)

HEAT RESULTS**Prelims**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 8					
1	WALLER, JeVon	FR	VCU	6.94Q	6.937
2	MIDDLEBROOKS, Johnny	JR	Mt. Olive	7.01q	
3	BAPOUPELEH, John	JR	Wofford	7.02q	
4	DOUGLAS, Julian	SO	Lynchburg	7.07q	
5	WOODARD, Gregory		Mary Baldwin	7.39	
6	THORNBURG, Caleb	FR	Montreat	7.52	
7	MOHABIR, Lamont	FR	Randolph	7.60	
Heat 2 of 8					
1	MUHAMMAD, Jaylen	JR	Wofford	6.92Q	
2	STAMFORD, Dreux	SR	Shippensburg	7.03q	7.027
3	MCDANIEL-BIDDINGS, Darius	SR	Mt. Olive	7.12q	
4	LOVELACE, Anthony	SR	Bridgewater	7.15q	7.146
5	BROWN-FLOWERS, Zashon	FR	Lynchburg	7.25	
6	JACKSON III, Wilson	FR	Shenandoah	7.43	
7	LAPOINTE, Jephthe	FR	SVU	7.44	
Heat 3 of 8					
1	PRICE, Derrick	FR	Hampton	7.00Q	
2	POWELL, Davian	SO	GMU	7.09q	
3	MORTON, Elijah	JR	Shenandoah	7.14q	7.140
4	PAYNE, Corinthians	FR	Howard	7.32	
5	ROEBUCK, Jonathan	SO	Concord	7.42	
6	JACKSON, DeAndre	FR	Randolph	7.57	7.566
7	CONCHA-PEDRAZA, Daniel	FR	American	7.58	
8	CARERRA, Nick	FR	VWU	7.77	7.765
Heat 4 of 8					
1	ALEXANDER, Jamik	SR	VCU	6.95Q	6.945
2	JENKINS, Zach	SO	Mt. Olive	6.98q	
3	RINCON, James	JR	Westmont	7.30	
4	BOWMAN, Isaiah	SO	Concord	7.41	
5	MILLER, Luke	FR	UMW	7.46	
6	STOUT, Robert	JR	Wofford	7.67	
Heat 5 of 8					
1	BEARD, Dylan	SO	Hampton	7.14Q	7.131
2	BROWNE, Camron	FR	VCU	7.14q	7.140

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RESULTS**#1 Men's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
3	JOHNSON, Dan	FR	VWU	7.37	
4	CHANDLER-BYRD, D'andre	SO	UMW	7.54	7.538
5	TRAHAN, Bret	FR	VMI	7.56	
6	SATAKE, Yoshimune	FR	American	8.08	

Heat 6 of 8

1	REMBER-JETT, Wadell	FR	S.C. State	7.03q	7.028
2	WATSON, Malik	FR	S.C. State	7.14q	7.140
3	HAMMOND, Kameron	JR	S.C. State	7.15q	7.142
4	NEVAREZ, Bobby	FR	Lynchburg	7.33	
5	CAMPBELL-FOWLER, Timothy	SO	Davis & Elkins	7.54	7.539
6	IMES IV, Steven	SO	Howard	7.57	7.565
7	DORWIL, EJ	FR	Shippensburg	8.35	

Heat 7 of 8

1	MILES, Roland	FR	Shippensburg	6.94q	6.932
2	TURNER, Darius	FR	Catawba	6.95q	6.943
3	WALKER, Jahbriel	FR	Catawba	7.24	
4	MINUS, Caleb	JR	VMI	7.28	
5	IBRAHIM, Khalil	FR	American	7.74	
6	BROWN, Kandre	FR	Davis & Elkins	7.77	7.770
7	PEABODY, Destiny	FR	Shenandoah	7.97	

Heat 8 of 8

1	LESTER-HARRIS, Joshua	SO	Montreat	6.99q	
2	DUDLEY, Curtis	JR	VWU	7.04q	
3	HARPER, Jarad	FR	Westmont	7.19q	7.187
4	SESSOMS, Douglas	SO	Hampton	7.19q	7.190
5	JONES, Dymere	FR	Davis & Elkins	7.48	
6	SAKIMURA, Tyler	SO	UMW	7.54	7.538
7	GRAHAM, Jerrel	FR	Mary Baldwin	7.76	
8	WILLIAMS, Romajin		Mary Baldwin	7.98	

#2 Women's 60 Meters

\$ CPTF 7.35 Destiny Carter Unattached

3:17 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	DEAN, Laura	SR	Wofford	7.67q		2(1)
2	MORRIS, Latrice	SR	VCU	7.71q		5(1)
3	MCCOY, Sydney	SO	Mt. Olive	7.75q		1(1)
4	GBAI, Jessika	SO	Howard	7.77q		8(1)
5	LEWIS, Kennedy	FR	Howard	7.78q		6(1)
6	BROOKS, Isis	SO	Hampton	7.79q		7(1)
7	WYLAND, Ali	FR	Shippensburg	7.86q	7.855	4(1)
8	MCNEILL, Kierra	FR	Catawba	7.86q	7.857	5(2)
9	LUNN, Karissa	SR	Coastal Car.	7.86q	7.859	7(2)
10	SAALIH, Ameenah	SO	Howard	7.87q		8(2)
11	CLARKE, Kristen	FR	Mt. Olive	7.88q		2(2)

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#2 Women's 60 Meters (cont'd)

3:17 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
12	WILLIAMS, Aniyah	SO	S.C. State	7.89q	7.884	2(3)
13	HOOSIER, Denisha	FR	Radford	7.89q	7.885	4(2)
14	WILLIS, Alexis	JR	VCU	7.91q		4(3)
15	HENDERSON, Kierra	JR	Radford	7.92q		5(3)
16	MCMILLAN, Kylie	SR	Hampton	7.93q	7.926	3(1)
17	WILLIAMS, Zarrria	JR	Shippensburg	7.93q	7.928	6(2)
18	WOODS, Kayla	FR	Richmond	7.94q	7.932	1(2)
19	WYNTER, Hanna	FR	GMU	7.94q	7.936	4(4)
20	BOHANNON, Maddie	SO	Catawba	7.96q		7(3)
21	VALLE, Emily	JR	Bridgewater	7.99q		3(2)
22	HINDS, Sashana	JR	Hampton	8.02q		5(4)
23	JOSEPH, Ingrid	FR	VMI	8.05q	8.042	6(3)
24	BURGESS, Alexandra	SR	Wofford	8.05q	8.047	8(3)
25	MAXWELL, Akeena	FR	Catawba	8.07		8(4)
26	GREENE, Rebekah	SO	Richmond	8.10	8.093	1(3)
27	HENRY, Emilee	SR	Concord	8.10	8.100	7(4)
28	SMITH, Lauren	FR	JMU	8.11	8.107	4(5)
29	THRING, Jacqueline	FR	Mt. Olive	8.11	8.109	4(6)
30	BAXTER, Adriana	FR	Shippensburg	8.13		6(4)
31	BROOKS, Eliza	FR	VMI	8.18	8.172	2(4)
32	PERRIN, Jakeya	JR	Davis & Elkins	8.18	8.176	1(4)
33	CHEATHAM, Janelle	JR	VCU	8.19		2(5)
34	MEADOR, Tye	SR	Bridgewater	8.21		5(5)
35	TOWE, Morgan	JR	Richmond	8.22		8(5)
36	THOMAS, Autumn	JR	Concord	8.25		3(3)
37	SHRADER, Kiersten	SO	Concord	8.26	8.254	3(4)
38	CAMMARATA, Jessica	FR	Lynchburg	8.26	8.258	8(6)
39	ROBINSON, Chandler	FR	Wofford	8.27	8.262	2(6)
40	PARSON, Autumn	FR	VMI	8.27	8.268	6(5)
41	STAFFORD, Alexis	SO	Radford	8.27	8.269	7(5)
42	SCALES, Zoe	FR	Lynchburg	8.28		4(7)
43	PERRY, Destaunia	SO	Lynchburg	8.33		5(6)
44	VAUGHAN, Nia	FR	VMI	8.38		3(5)
45	BAUDIN, Romane	FR	Montreat	8.39	8.382	2(7)
46	PRESTON, Alexis	FR	Montreat	8.39	8.390	1(5)
47	NETUS, Alisha	FR	American	8.46		8(7)
48	DAVIS, Tori	SO	Westmont	8.47		7(6)
49	LIGHTFOOT, Brianna	FR	UMW	8.49		3(6)
50	CHERIKOS, Angie	SO	UMW	8.51		1(6)
51	HORSLEY, Quintasia	JR	UMW	8.58		5(7)
52	HARRIS, Shannon	SO	VWU	8.62		8(8)
53	KELM, Kristina	SO	Westmont	8.75		2(8)
54	PENN, Jalil	JR	Randolph	8.83		7(7)
55	SHEEKS, Gina	FR	Westmont	9.13		7(8)

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RESULTS**#2 Women's 60 Meters (cont'd)**

3:17 PM (Day 1): (Top 1 per Heat + next 16 advance)

Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
56	BERNAL VIGIL, Katherine	JR	Mary Baldwin	9.18		6(6)
57	WARDA, Nisa	JR	Mary Baldwin	9.50		6(7)
58	RICKENBOCKER, Monique	FR	American	9.65		4(8)
	RODGERS, Deja	SR	S.C. State	DNF		6

HEAT RESULTS**Prelims**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 8					
1	MCCOY, Sydney	SO	Mt. Olive	7.75Q	
2	WOODS, Kayla	FR	Richmond	7.94q	7.932
3	GREENE, Rebekah	SO	Richmond	8.10	8.093
4	PERRIN, Jakeya	JR	Davis & Elkins	8.18	8.176
5	PRESTON, Alexis	FR	Montreat	8.39	8.390
6	CHERIKOS, Angie	SO	UMW	8.51	
Heat 2 of 8					
1	DEAN, Laura	SR	Wofford	7.67Q	
2	CLARKE, Kristen	FR	Mt. Olive	7.88q	
3	WILLIAMS, Aniyah	SO	S.C. State	7.89q	7.884
4	BROOKS, Eliza	FR	VMI	8.18	8.172
5	CHEATHAM, Janelle	JR	VCU	8.19	
6	ROBINSON, Chandler	FR	Wofford	8.27	8.262
7	BAUDIN, Romane	FR	Montreat	8.39	8.382
8	KELM, Kristina	SO	Westmont	8.75	
Heat 3 of 8					
1	MCMILLAN, Kylie	SR	Hampton	7.93Q	7.926
2	VALLE, Emily	JR	Bridgewater	7.99q	
3	THOMAS, Autumn	JR	Concord	8.25	
4	SHRADER, Kiersten	SO	Concord	8.26	8.254
5	VAUGHAN, Nia	FR	VMI	8.38	
6	LIGHTFOOT, Brianna	FR	UMW	8.49	
Heat 4 of 8					
1	WYLAND, Ali	FR	Shippensburg	7.86Q	7.855
2	HOOSIER, Denisha	FR	Radford	7.89q	7.885
3	WILLIS, Alexis	JR	VCU	7.91q	
4	WYNTER, Hanna	FR	GMU	7.94q	7.936
5	SMITH, Lauren	FR	JMU	8.11	8.107
6	THRING, Jacqueline	FR	Mt. Olive	8.11	8.109
7	SCALES, Zoe	FR	Lynchburg	8.28	
8	RICKENBOCKER, Monique	FR	American	9.65	
Heat 5 of 8					
1	MORRIS, Latrice	SR	VCU	7.71Q	
2	MCNEILL, Kierra	FR	Catawba	7.86q	7.857
3	HENDERSON, Kierra	JR	Radford	7.92q	

WINTER RELAYS 2019

Lexington, VA
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RESULTS**#2 Women's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
4	HINDS, Sashana	JR	Hampton	8.02q	
5	MEADOR, Tye	SR	Bridgewater	8.21	
6	PERRY, Destania	SO	Lynchburg	8.33	
7	HORSLEY, Quintasia	JR	UMW	8.58	

Heat 6 of 8

1	LEWIS, Kennedy	FR	Howard	7.78Q	
2	WILLIAMS, Zarrisa	JR	Shippensburg	7.93q	7.928
3	JOSEPH, Ingrid	FR	VMI	8.05q	8.042
4	BAXTER, Adriana	FR	Shippensburg	8.13	
5	PARSON, Autumn	FR	VMI	8.27	8.268
6	BERNAL VIGIL, Katherine	JR	Mary Baldwin	9.18	
7	WARDA, Nisa	JR	Mary Baldwin	9.50	
	RODGERS, Deja	SR	S.C. State	DNF	

Heat 7 of 8

1	BROOKS, Isis	SO	Hampton	7.79Q	
2	LUNN, Karissa	SR	Coastal Car.	7.86q	7.859
3	BOHANNON, Maddie	SO	Catawba	7.96q	
4	HENRY, Emilee	SR	Concord	8.10	8.100
5	STAFFORD, Alexis	SO	Radford	8.27	8.269
6	DAVIS, Tori	SO	Westmont	8.47	
7	PENN, Jalil	JR	Randolph	8.83	
8	SHEEKS, Gina	FR	Westmont	9.13	

Heat 8 of 8

1	GBAI, Jessika	SO	Howard	7.77Q	
2	SAALIH, Ameenah	SO	Howard	7.87q	
3	BURGESS, Alexandra	SR	Wofford	8.05q	8.047
4	MAXWELL, Akeena	FR	Catawba	8.07	
5	TOWE, Morgan	JR	Richmond	8.22	
6	CAMMARATA, Jessica	FR	Lynchburg	8.26	8.258
7	NETUS, Alisha	FR	American	8.46	
8	HARRIS, Shannon	SO	VWU	8.62	

#19 Men's 60m Hurdles

\$ CPTF 7.75 Jovaine Atkinson Liberty

3:37 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	DAVIS, Ian	JR	VCU	8.07Q		2(1)
2	CORBIN, Nick	SO	GMU	8.17Q		1(1)
3	TOP, Pieter	JR	Westmont	8.18q		1(2)
4	WILLIAMS, Jaelen	JR	Hampton	8.21Q		3(1)
5	RINAMAN, Ori	SR	Shippensburg	8.24q		3(2)
6	ELLIS, Isaiah	SO	Wofford	8.32q	8.316	1(3)
7	FAIRCLOTH, Daiqwaun	FR	VCU	8.32q	8.317	2(2)
8	DANIEL, Ashton	FR	Howard	8.43q		3(3)
9	NEMITZ, Jackson	SR	Westmont	8.46		3(4)

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RESULTS**#19 Men's 60m Hurdles (cont'd)**

3:37 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
10	CARTER, Kishaun	FR	Howard	8.48		1(4)
11	MOFFO, Landry	FR	VWU	8.51		1(5)
12	COOPER, Demond	JR	Mt. Olive	8.60		2(3)
13	HALL, Jonathan	JR	Wofford	8.63		3(5)
14	NOBLE, Rashaun	FR	Catawba	8.68		3(6)
15	MUKENI, Jonathan	SO	VCU	8.75		1(6)
16	ROSENTHAL, Chase	SO	Bridgewater	8.77		2(4)
17	DOERWALDT, Max		Mary Baldwin	8.80		2(5)
18	BRANTLEY, David	SR	Shippensburg	8.82		2(6)
19	MORAN, Kevin	JR	Lynchburg	8.84		1(7)
20	PEYTON, William	SO	VWU	8.97		2(7)
21	KAVOUNIS, Corey	FR	Lynchburg	9.27	9.261	3(7)
22	GATLING, Michael	FR	VWU	9.27	9.269	3(8)
23	HOLLIDAY, Kyle	FR	Shenandoah	9.28		1(8)
	GRAHAM, Charles	SR	Hampton	DNF		2

HEAT RESULTS**Semis**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 3					
1	CORBIN, Nick	SO	GMU	8.17Q	
2	TOP, Pieter	JR	Westmont	8.18q	
3	ELLIS, Isaiah	SO	Wofford	8.32q	8.316
4	CARTER, Kishaun	FR	Howard	8.48	
5	MOFFO, Landry	FR	VWU	8.51	
6	MUKENI, Jonathan	SO	VCU	8.75	
7	MORAN, Kevin	JR	Lynchburg	8.84	
8	HOLLIDAY, Kyle	FR	Shenandoah	9.28	
Heat 2 of 3					
1	DAVIS, Ian	JR	VCU	8.07Q	
2	FAIRCLOTH, Daiqwaun	FR	VCU	8.32q	8.317
3	COOPER, Demond	JR	Mt. Olive	8.60	
4	ROSENTHAL, Chase	SO	Bridgewater	8.77	
5	DOERWALDT, Max		Mary Baldwin	8.80	
6	BRANTLEY, David	SR	Shippensburg	8.82	
7	PEYTON, William	SO	VWU	8.97	
	GRAHAM, Charles	SR	Hampton	DNF	
Heat 3 of 3					
1	WILLIAMS, Jaelen	JR	Hampton	8.21Q	
2	RINAMAN, Ori	SR	Shippensburg	8.24q	
3	DANIEL, Ashton	FR	Howard	8.43q	
4	NEMITZ, Jackson	SR	Westmont	8.46	
5	HALL, Jonathan	JR	Wofford	8.63	
6	NOBLE, Rashaun	FR	Catawba	8.68	

WINTER RELAYS 2019

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RESULTS**#19 Men's 60m Hurdles (cont'd)****Semis**

Pl	Name	Yr	Team	Time	Note
7	KAVOUNIS, Corey	FR	Lynchburg	9.27	9.261
8	GATLING, Michael	FR	VWU	9.27	9.269

#20 Women's 60m Hurdles

\$ CPTF 8.18 Gabriele Cunningham North Carolina State

3:49 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	ONUOHA, Uchechi	JR	Howard	8.73Q		2(1)
2	HINES, Anacia	SR	Coastal Car.	8.77Q		1(1)
3	MILLER, Emilie	FR	Radford	8.84Q		3(1)
4	BANKS, Khoi	JR	VCU	8.87q		1(2)
5	LANE, Davina	SO	GMU	8.90q		2(2)
6	KAFI, Malak	JR	Mt. Olive	8.91q		3(2)
7	SHIPPY, Destiny	FR	Wofford	8.96q		1(3)
8	GUINE-HERNDON, Nia	FR	Howard	8.99q		3(3)
9	DAVIS, Sydney	SR	Hampton	9.04		2(3)
10	MATTHEWS, Tania	FR	Richmond	9.05		3(4)
11	GILLESPIE, Ariyonne	JR	S.C. State	9.08		2(4)
12	EVANS, Erica	JR	Coastal Car.	9.11		2(5)
13	JACKSON, Catherine	SO	GMU	9.13		3(5)
14	VALLE, Emily	JR	Bridgewater	9.18		2(6)
15	PURNELL, Tatiana	SR	Shippensburg	9.19	9.188	1(4)
16	WASHINGTON, Tenae	JR	Radford	9.19	9.190	1(5)
17	SCOTT, Kaitlin	SR	Hampton	9.20		1(6)
18	PRESTON, Brittany	JR	GMU	9.22	9.213	1(7)
19	DUNN, Megan	SO	Wofford	9.22	9.218	3(6)
20	BERKELEY, Haley	JR	Richmond	9.25	9.243	3(7)
21	RICE, Kylan	FR	Howard	9.25	9.250	3(8)
22	SCALES, Zoe	FR	Lynchburg	9.38		1(8)
23	BERES, LeClare	SR	VCU	9.65		2(7)

HEAT RESULTS**Semis**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 3					
1	HINES, Anacia	SR	Coastal Car.	8.77Q	
2	BANKS, Khoi	JR	VCU	8.87q	
3	SHIPPY, Destiny	FR	Wofford	8.96q	
4	PURNELL, Tatiana	SR	Shippensburg	9.19	9.188
5	WASHINGTON, Tenae	JR	Radford	9.19	9.190
6	SCOTT, Kaitlin	SR	Hampton	9.20	
7	PRESTON, Brittany	JR	GMU	9.22	9.213
8	SCALES, Zoe	FR	Lynchburg	9.38	
Heat 2 of 3					
1	ONUOHA, Uchechi	JR	Howard	8.73Q	

WINTER RELAYS 2019

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RESULTS**#20 Women's 60m Hurdles (cont'd)****Semis**

Pl	Name	Yr Team	Time	Note
2	LANE, Davina	SO GMU	8.90q	
3	DAVIS, Sydney	SR Hampton	9.04	
4	GILLESPIE, Ariyonne	JR S.C. State	9.08	
5	EVANS, Erica	JR Coastal Car.	9.11	
6	VALLE, Emily	JR Bridgewater	9.18	
7	BERES, LeClare	SR VCU	9.65	

Heat 3 of 3

1	MILLER, Emilie	FR Radford	8.84Q	
2	KAFI, Malak	JR Mt. Olive	8.91q	
3	GUINE-HERNDON, Nia	FR Howard	8.99q	
4	MATTHEWS, Tania	FR Richmond	9.05	
5	JACKSON, Catherine	SO GMU	9.13	
6	DUNN, Megan	SO Wofford	9.22	9.218
7	BERKELEY, Haley	JR Richmond	9.25	9.243
8	RICE, Kylan	FR Howard	9.25	9.250

#34 Women's Triple Jump

Top 9 to Finals. Minimum Mark: 10.30 meters.

\$ CPTF 12.36m Mia Barron Virginia

4:00 PM (Day 1):

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)
1	WAGNER, Abby	SR Shippensburg	12.31m 40' 4 ³ / ₄	FOUL	12.31	FOUL	PASS	PASS	PASS	3(1)
2	EDLER, Rachel	SO Howard	11.89m 39' 0 ¹ / ₄	11.75	11.89	FOUL	11.60	11.34	11.79	3(2)
3	MONCRIEF, Taylor	JR Mt. Olive	11.84m 38' 10 ¹ / ₄	11.80	FOUL	11.53	11.42	11.65	11.84	3(3)
4	WISHAM, Nadya	JR Westmont	11.62m 38' 1 ¹ / ₂	11.46	11.62	11.46	11.43	FOUL	FOUL	3(4)
5	WILSON, Jantsen	SR JMU	11.55m 37' 10 ³ / ₄	FOUL	FOUL	11.55	11.51	11.51	FOUL	3(5)
6	WHITE, MeKayla	FR Catawba	11.30m 37' 1"	10.95	11.17	11.07	10.87	11.17	11.30	2(1)
7	GUINE-HERNDON, Nia	FR Howard	11.15m 36' 7"	11.15	10.63	10.82	10.75	PASS	PASS	3(6)
8	HARRIS, Kyla	FR GMU	11.08m 36' 4 ¹ / ₄	10.80	11.08	FOUL	10.63	10.86	11.05	3(7)
9	TRUSSELL, Kameryn	JR Hampton	11.05m 36' 3"	10.98	10.94	11.05				2(2)
10	WILLIAMS, M'Kya	JR Westmont	11.00m 36' 1 ¹ / ₄	10.61	10.58	11.00				2(3)
11	BURGESS, Alexandra	SR Wofford	10.87m 35' 8"	FOUL	10.87	FOUL				3(8)
12	ROBINSON, Chandler	FR Wofford	10.64m 34' 11"	FOUL	10.30	10.64				2(4)
13	ROBERTSON, Shakalya	FR Catawba	10.61m 34' 9 ³ / ₄	10.61	10.61	10.36				2(5)
14	SHIPPY, Destiny	FR Wofford	10.61m 34' 9 ³ / ₄	FOUL	10.61	10.46				2(5)
15	MEADOR, Tye	SR Bridgewater	10.56m 34' 7 ³ / ₄	10.56	FOUL	FOUL				2(7)
16	VANAKEN, Maddie	JR Lynchburg	10.44m 34' 3"	10.21	10.24	10.44				2(8)
17	HUNLEY, Taja	FR Randolph	10.33m 33' 10 ³ / ₄	9.96	10.29	10.33				2(9)
18	SCALES, Zoe	FR Lynchburg	10.24m 33' 7 ¹ / ₄	FOUL	10.11	10.24				2(10)
19	PRESTON, Alexis	FR Montreat	10.23m 33' 6 ³ / ₄	10.23	10.05	10.15				2(11)
20	LOGAN, Desmone	FR UMW	10.16m 33' 4"	FOUL	10.03	10.16				1(1)
21	WARDY, Alice	SO Mary Baldwin	10.10m 33' 1 ³ / ₄	9.70	9.90	10.10				1(2)
22	CHANTHYASAK-WHITE, Victori	SO UMW	10.01m 32' 10 ¹ / ₄	FOUL	9.77	10.01				1(3)
23	LACY, Maya	SO Lynchburg	9.93m 32' 7"	9.58	9.93	FOUL				1(4)
24	DOLLINS, Alizae	SR VWU	9.88m 32' 5"	FOUL	9.88	9.68				1(5)
25	MAGGERT, Bethany	FR SVU	9.81m 32' 2 ¹ / ₄	9.81	FOUL	FOUL				1(6)

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RESULTS**#34 Women's Triple Jump (cont'd)**

4:00 PM (Day 1):

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (PI)
26 CHAFFINS, Meghan	SO Randolph	9.70m 31' 10"	9.49	FOUL	9.70				1(7)
27 MUSICK, Carlie	SO Concord	9.69m 31' 9½"	9.49	9.46	9.69				1(8)
28 WONG, Mikayla	SO Westmont	9.68m 31' 9¼"	FOUL	9.68	FOUL				1(9)
MCCLARY, Marie	SR S.C. State	NM	FOUL	FOUL	FOUL				3
KELLY, Tiffanie	FR Randolph	NM							1
JANDA, Lauren	FR SVU	NM							1
MACK, Llyric	JR Mt. Olive	NM	FOUL	FOUL	FOUL				2
DIXON, Ayanna	SR Shenandoah	NM							1
ERMIAS, Metasebia	SO VCU	NM							3
MOORE, Kelsia	FR Coastal Car.	NM							3
LEE, Olivia	SR Shippensburg	NM							3

FLIGHT RESULTS

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
Flight 1 of 3									
1 LOGAN, Desmone	FR UMW	10.16m 33' 4"	FOUL	10.03	10.16				
2 WARDY, Alice	SO Mary Baldwin	10.10m 33' 1¾"	9.70	9.90	10.10				
3 CHANTHYASAK-WHITE, Victori	SO UMW	10.01m 32' 10¼"	FOUL	9.77	10.01				
4 LACY, Maya	SO Lynchburg	9.93m 32' 7"	9.58	9.93	FOUL				
5 DOLLINS, Alizae	SR VWU	9.88m 32' 5"	FOUL	9.88	9.68				
6 MAGGERT, Bethany	FR SVU	9.81m 32' 2¼"	9.81	FOUL	FOUL				
7 CHAFFINS, Meghan	SO Randolph	9.70m 31' 10"	9.49	FOUL	9.70				
8 MUSICK, Carlie	SO Concord	9.69m 31' 9½"	9.49	9.46	9.69				
9 WONG, Mikayla	SO Westmont	9.68m 31' 9¼"	FOUL	9.68	FOUL				
KELLY, Tiffanie	FR Randolph	NM							
JANDA, Lauren	FR SVU	NM							
DIXON, Ayanna	SR Shenandoah	NM							
Flight 2 of 3									
1 WHITE, MeKayla	FR Catawba	11.30m 37' 1"	10.95	11.17	11.07	10.87	11.17	11.30	
2 TRUSSELL, Kameryn	JR Hampton	11.05m 36' 3"	10.98	10.94	11.05				
3 WILLIAMS, M'Kya	JR Westmont	11.00m 36' 1¼"	10.61	10.58	11.00				
4 ROBINSON, Chandler	FR Wofford	10.64m 34' 11"	FOUL	10.30	10.64				
5 ROBERTSON, Shakalya	FR Catawba	10.61m 34' 9¾"	10.61	10.61	10.36				
5 SHIPPY, Destiny	FR Wofford	10.61m 34' 9¾"	FOUL	10.61	10.46				
7 MEADOR, Tye	SR Bridgewater	10.56m 34' 7¾"	10.56	FOUL	FOUL				
8 VANAKEN, Maddie	JR Lynchburg	10.44m 34' 3"	10.21	10.24	10.44				
9 HUNLEY, Taja	FR Randolph	10.33m 33' 10¾"	9.96	10.29	10.33				
10 SCALES, Zoe	FR Lynchburg	10.24m 33' 7¼"	FOUL	10.11	10.24				
11 PRESTON, Alexis	FR Montreat	10.23m 33' 6¾"	10.23	10.05	10.15				
MACK, Llyric	JR Mt. Olive	NM	FOUL	FOUL	FOUL				
Flight 3 of 3									
1 WAGNER, Abby	SR Shippensburg	12.31m 40' 4¾"	FOUL	12.31	FOUL	PASS	PASS	PASS	
2 EDLER, Rachel	SO Howard	11.89m 39' 0¼"	11.75	11.89	FOUL	11.60	11.34	11.79	
3 MONCRIEF, Taylor	JR Mt. Olive	11.84m 38' 10¼"	11.80	FOUL	11.53	11.42	11.65	11.84	
4 WISHAM, Nadya	JR Westmont	11.62m 38' 1½"	11.46	11.62	11.46	11.43	FOUL	FOUL	

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RESULTS**#34 Women's Triple Jump (cont'd)**

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
5	WILSON, Jantsen	SR	JMU	11.55m 37' 10 ^{3/4} "	FOUL	FOUL	11.55	11.51	11.51	FOUL
6	GUINE-HERNDON, Nia	FR	Howard	11.15m 36' 7"	11.15	10.63	10.82	10.75	PASS	PASS
7	HARRIS, Kyla	FR	GMU	11.08m 36' 4 ^{1/4} "	10.80	11.08	FOUL	10.63	10.86	11.05
8	BURGESS, Alexandra	SR	Wofford	10.87m 35' 8"	FOUL	10.87	FOUL			
	MCCLARY, Marie	SR	S.C. State	NM	FOUL	FOUL	FOUL			
	ERMIAS, Metasebia	SO	VCU	NM						
	MOORE, Kelsia	FR	Coastal Car.	NM						
	LEE, Olivia	SR	Shippensburg	NM						

#1 Men's 60 Meters

\$ CPTF 6.65 Demek Kemp South Carolina State

4:03 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	ALEXANDER, Jamik	SR	VCU	6.86	Q	3(1)
2	WALLER, JeVon	FR	VCU	6.89	q	3(2)
3	MUHAMMAD, Jaylen	JR	Wofford	6.90	Q6.897	1(1)
4	PRICE, Derrick	FR	Hampton	6.90	q6.898	1(2)
5	MILES, Roland	FR	Shippensburg	6.95	Q	2(1)
6	TURNER, Darius	FR	Catawba	6.97	q6.962	3(3)
7	MIDDLEBROOKS, Johnny	JR	Mt. Olive	6.97	q6.969	2(2)
8	LESTER-HARRIS, Joshua	SO	Montreat	6.98	q6.975	2(3)
9	DUDLEY, Curtis	JR	VWU	6.98	6.979	2(4)
10	BAPOUPELEH, John	JR	Wofford	7.00	6.993	1(3)
11	REMBER-JETT, Wadell	FR	S.C. State	7.00	6.998	1(4)
12	JENKINS, Zach	SO	Mt. Olive	7.01	7.008	3(4)
13	BEARD, Dylan	SO	Hampton	7.01	7.010	2(5)
14	MORTON, Elijah	JR	Shenandoah	7.02	7.011	1(5)
15	POWELL, Davian	SO	GMU	7.02	7.013	3(5)
16	DOUGLAS, Julian	SO	Lynchburg	7.05	7.044	3(6)
17	WATSON, Malik	FR	S.C. State	7.05	7.045	2(6)
18	HARPER, Jarad	FR	Westmont	7.08	7.075	2(7)
19	BROWNE, Camron	FR	VCU	7.08	7.076	1(6)
20	STAMFORD, Dreux	SR	Shippensburg	7.12		1(7)
21	MCDANIEL-BIDDINGS, Darius	SR	Mt. Olive	7.14		2(8)
22	LOVELACE, Anthony	SR	Bridgewater	7.16		3(7)
23	HAMMOND, Kameron	JR	S.C. State	7.17		3(8)
24	SESSOMS, Douglas	SO	Hampton	7.24		1(8)

HEAT RESULTS**Semis**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 3					
1	MUHAMMAD, Jaylen	JR	Wofford	6.90	Q6.897
2	PRICE, Derrick	FR	Hampton	6.90	q6.898
3	BAPOUPELEH, John	JR	Wofford	7.00	6.993
4	REMBER-JETT, Wadell	FR	S.C. State	7.00	6.998

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RESULTS**#1 Men's 60 Meters (cont'd)****Semis**

Pl	Name	Yr	Team	Time	Note
5	MORTON, Elijah	JR	Shenandoah	7.02	7.011
6	BROWNE, Camron	FR	VCU	7.08	7.076
7	STAMFORD, Dreux	SR	Shippensburg	7.12	
8	SESSOMS, Douglas	SO	Hampton	7.24	

Heat 2 of 3

1	MILES, Roland	FR	Shippensburg	6.95Q	
2	MIDDLEBROOKS, Johnny	JR	Mt. Olive	6.97q	6.969
3	LESTER-HARRIS, Joshua	SO	Montreat	6.98q	6.975
4	DUDLEY, Curtis	JR	VWU	6.98	6.979
5	BEARD, Dylan	SO	Hampton	7.01	7.010
6	WATSON, Malik	FR	S.C. State	7.05	7.045
7	HARPER, Jarad	FR	Westmont	7.08	7.075
8	MCDANIEL-BIDDINGS, Darius	SR	Mt. Olive	7.14	

Heat 3 of 3

1	ALEXANDER, Jamik	SR	VCU	6.86Q	
2	WALLER, JeVon	FR	VCU	6.89q	
3	TURNER, Darius	FR	Catawba	6.97q	6.962
4	JENKINS, Zach	SO	Mt. Olive	7.01	7.008
5	POWELL, Davian	SO	GMU	7.02	7.013
6	DOUGLAS, Julian	SO	Lynchburg	7.05	7.044
7	LOVELACE, Anthony	SR	Bridgewater	7.16	
8	HAMMOND, Kameron	JR	S.C. State	7.17	

#2 Women's 60 Meters

\$ CPTF 7.35 Destiny Carter Unattached

4:10 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	GBAI, Jessika	SO	Howard	7.66Q		3(1)
2	DEAN, Laura	SR	Wofford	7.67Q		2(1)
3	LEWIS, Kennedy	FR	Howard	7.71Q		1(1)
4	MCCOY, Sydney	SO	Mt. Olive	7.74q	7.731	3(2)
5	MORRIS, Latrice	SR	VCU	7.74q	7.732	1(2)
6	BROOKS, Isis	SO	Hampton	7.76q		2(2)
7	MCNEILL, Kierra	FR	Catawba	7.81q		3(3)
8	WILLIS, Alexis	JR	VCU	7.83q		3(4)
9	SAALIH, Ameenah	SO	Howard	7.84	7.832	1(3)
10	HOOSIER, Denisha	FR	Radford	7.84	7.838	1(4)
11	LUNN, Karissa	SR	Coastal Car.	7.85		3(5)
12	WYLAND, Ali	FR	Shippensburg	7.87		2(3)
13	HENDERSON, Kierra	JR	Radford	7.90		3(6)
14	CLARKE, Kristen	FR	Mt. Olive	7.91		2(4)
15	WOODS, Kayla	FR	Richmond	7.94		2(5)
16	MCMILLAN, Kylie	SR	Hampton	7.95		1(5)
17	BOHANNON, Maddie	SO	Catawba	7.96		1(6)
18	HINDS, Sashana	JR	Hampton	7.97	7.969	3(7)

WINTER RELAYS 2019

Lexington, VA
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Meet Referee:
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Timing:
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RESULTS**#2 Women's 60 Meters (cont'd)**

4:10 PM (Day 1): (Top 1 per Heat + next 5 advance)

Semis

Pl	Name	Yr	Team	Time	Note	H(Pl)
19	WILLIAMS, Zarría	JR	Shippensburg	7.97	7.970	1(7)
20	JOSEPH, Ingrid	FR	VMI	8.01		1(8)
21	BURGESS, Alexandra	SR	Wofford	8.02		2(6)
22	WYNTER, Hanna	FR	GMU	8.03		2(7)
23	WILLIAMS, Aniyah	SO	S.C. State	8.20		2(8)

HEAT RESULTS**Semis**

Pl	Name	Yr	Team	Time	Note
Heat 1 of 3					
1	LEWIS, Kennedy	FR	Howard	7.71	Q
2	MORRIS, Latrice	SR	VCU	7.74	q 7.732
3	SAALIH, Ameenah	SO	Howard	7.84	7.832
4	HOOSIER, Denisha	FR	Radford	7.84	7.838
5	MCMILLAN, Kylie	SR	Hampton	7.95	
6	BOHANNON, Maddie	SO	Catawba	7.96	
7	WILLIAMS, Zarría	JR	Shippensburg	7.97	7.970
8	JOSEPH, Ingrid	FR	VMI	8.01	
Heat 2 of 3					
1	DEAN, Laura	SR	Wofford	7.67	Q
2	BROOKS, Isis	SO	Hampton	7.76	q
3	WYLAND, Ali	FR	Shippensburg	7.87	
4	CLARKE, Kristen	FR	Mt. Olive	7.91	
5	WOODS, Kayla	FR	Richmond	7.94	
6	BURGESS, Alexandra	SR	Wofford	8.02	
7	WYNTER, Hanna	FR	GMU	8.03	
8	WILLIAMS, Aniyah	SO	S.C. State	8.20	
Heat 3 of 3					
1	GBAI, Jessika	SO	Howard	7.66	Q
2	MCCOY, Sydney	SO	Mt. Olive	7.74	q 7.731
3	MCNEILL, Kierra	FR	Catawba	7.81	q
4	WILLIS, Alexis	JR	VCU	7.83	q
5	LUNN, Karissa	SR	Coastal Car.	7.85	
6	HENDERSON, Kierra	JR	Radford	7.90	
7	HINDS, Sashana	JR	Hampton	7.97	7.969

#23 Men's 4 x 800m Relay

\$ CPTF 7:40.41 Buscaglia, Novak, Klau, Ernst Virginia

4:20 PM (Day 1):

Pl	Team	Time	Note
1	Wofford (A)	8:06.23	
	1) HARBACEVICH, Joe SR 2:01.2469 (2:01.2469)	2) ZEMP, Jack JR 3:59.0169 (1:57.7700)	
	3) FERRE, Cisco SR 6:04.8235 (2:05.8066)	4) MCCOY, James SO 8:06.2302 (2:01.4067)	

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Meet Referee:
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Timing:
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RESULTS**#23 Men's 4 x 800m Relay (cont'd)****4:20 PM (Day 1):**

PI	Team	Time	Note
2	VMI (A)	8:12.51	
1)	HAINES, Dylan FR 2:03.1152 (2:03.1152)	2)	RYAN, Jack FR 4:07.0202 (2:03.9050)
3)	WAITE, Adam FR 6:07.9235 (2:00.9033)	4)	IRIZARRY-NEGRON, Ian FR 8:12.5069 (2:04.5834)
3	Westmont (A)	8:19.11	
1)	PEREZ, Joseph FR 2:03.9902 (2:03.9902)	2)	MALBERG, Patrick JR 4:05.4085 (2:01.4183)
3)	KISER, John FR 6:15.4485 (2:10.0400)	4)	GUTHRIE, Hayden SO 8:19.1085 (2:03.6600)

#24 Women's 4 x 800m Relay

\$ CPTF 9:07.27 Greenlee, Brown, White, Scott Virginia Commonwealth

4:30 PM (Day 1):

PI	Team	Time	Note
1	Westmont (A)	9:24.51	
1)	BODINE, Bethany FR 2:24.4461 (2:24.4461)	2)	CALDERA, Alyssa SO 4:46.7078 (2:22.2617)
3)	JENSEN, Casey SO 7:08.0311 (2:21.3233)	4)	PARKS, Emily JR 9:24.5044 (2:16.4733)
2	Wofford (A)	9:28.98	
1)	PARASKEVA, Madison JR 2:16.0811 (2:16.0811)	2)	MCKENZIE, Sommer JR 4:38.6261 (2:22.5450)
3)	GIRARDI, Mia FR 7:04.3794 (2:25.7533)	4)	BARNETT, Jamie SR 9:28.9711 (2:24.5917)
3	American (A)	9:46.61	
1)	AYRES, Cassidy SR 2:25.4528 (2:25.4528)	2)	HOOVER, Elise FR 4:57.0761 (2:31.6233)
3)	HOUGHTON, Emily JR 7:25.0028 (2:27.9267)	4)	MCTERNAN, Kaitlyn JR 9:46.6044 (2:21.6016)
4	Westmont (B)	11:14.38	
1)	ERICKSON, Morgan SR 2:41.6928 (2:41.6928)	2)	MORALES, Alicia SO 5:23.0444 (2:41.3516)
3)	QUEZADA, Brianna SO 8:32.0944 (3:09.0500)	4)	LOTTMAN, Emma FR 11:14.3711 (2:42.2767)

#5 Men's 400 Meters

\$ CPTF 46.42 Tyrell Richard South Carolina State

4:42 PM (Day 1):

PI	Name	Yr	Team	Time	Note	H(PI)
1	LEPELSACK, Arne		FR Mt. Olive	48.52		5(1)
2	SIMON, Devin		JR Unattached	48.58		1(1)
3	TOP, Pieter		JR Westmont	48.79		2(1)
4	STILES, Johnanthan		SR Shippensburg	49.04		2(2)
5	THOMPSON, Devon		SR VCU	49.29		6(1)
6	LOWERY, Brandon		SR Unattached	49.57		3(1)
7	CHRISTIAN, Ian		SO GMU	49.61		2(3)
8	PETER, Lukas		FR Mt. Olive	49.68		8(1)
9	BULL, Elijah		FR Wofford	49.75		5(2)

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RESULTS

#5 Men's 400 Meters (cont'd)

4:42 PM (Day 1):

Pl	Name	Yr	Team	Time	Note	H(Pl)
10	FISHER, Richard	JR	Mt. Olive	49.97		1(2)
11	NIXON, Aariq	FR	Howard	50.00		5(3)
12	PEREZ ESPINO, Pedro	JR	Westmont	50.27		4(1)
13	DAVIS, Ian	JR	VCU	50.31		4(2)
14	KIRTLEY, Azavier	SO	Montreat	50.49		7(1)
15	CHIGBUE, Kenneth	SR	Howard	50.54		4(3)
16	JARRELL, Daniel	JR	Davis & Elkins	50.55		3(2)
17	PITTMAN, Brien	FR	Catawba	50.76		3(3)
18	BUCKINGHAM, Nicholas	SR	VCU	50.81		1(3)
19	NJEZE, Ekwochi	SO	GMU	50.82		3(4)
20	MAS, Rafael	FR	VMI	50.91		9(1)
21	SHORT, Jordan	SO	Lynchburg	50.92		8(2)
22	WALKER, Johnnie	FR	VMI	50.93		5(4)
23	KINLOCH, Dyrell	JR	S.C. State	51.00		4(4)
24	DENNIS, Calvin	SR	Shippensburg	51.07		6(2)
25	HALL, Chris	SO	UMW	51.18		12(1)
26	NEMITZ, Jackson	SR	Westmont	51.41		9(2)
27	GRAY, Jonathan	FR	VMI	51.74		7(2)
28	DE LA CRUZ, Daniel	SO	SVU	51.79	Five	11(1)
29	FORD, Braxton	FR	Catawba	51.89	51.884	10(1)
30	WOODARD, Gregory		Mary Baldwin	51.89	51.889	13(1)
31	HANKE, Tom	SO	Montreat	51.90		7(3)
32	CARVELLI, Corey	JR	Concord	52.24		8(3)
33	MAYO, James	FR	Bridgewater	52.25		13(2)
34	MARTIN, Andre	SO	Bridgewater	52.30	52.292	13(3)
35	FAINT, Cameron	SO	GMU	52.30	52.299	10(2)
36	HARDY, Treshawn	JR	S.C. State	52.33		7(4)
37	GARRY, Evan	JR	GWU	52.45		10(3)
38	SMITH, Bradford	JR	Wofford	52.60		6(3)
39	JACKSON III, Wilson	FR	Shenandoah	52.70		13(4)
40	SCARANGELLO, Nicolas	SO	Davis & Elkins	52.77		10(4)
41	ANDERSON, Kobe	SO	Lynchburg	52.90	52.892	11(2)
42	DELAVERGNE, ED	SR	GWU	52.90	52.892	9(3)
43	SANTIAGO, Steven		Mary Baldwin	52.95		14(1)
44	TERRY, RahQuan	FR	Catawba	53.01		12(2)
45	DELAVERGNE, Frank	SR	GWU	53.61		12(3)
46	CONLEY, Myles	JR	Bridgewater	54.29		13(5)
47	ANDERSON, Eric	FR	Lynchburg	54.86		11(3)
48	BERMAN, Chris	JR	Davis & Elkins	56.59		12(4)
49	JOHNSON, Aaron	SO	VWU	56.88		14(2)
50	JENNINGS, Josh	FR	SVU	56.92		14(3)
51	HOLLIDAY, Kyle	FR	Shenandoah	57.86		14(4)
52	KOPP, Mark	FR	American	1:02.64		14(5)
	SNEED, Laurence	SO	UMW		DQ Elbow to	11

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RESULTS**#5 Men's 400 Meters (cont'd)****SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
Section 1 of 14					
1	SIMON, Devin	JR	Unattached	48.58	
2	FISHER, Richard	JR	Mt. Olive	49.97	
3	BUCKINGHAM, Nicholas	SR	VCU	50.81	
Section 2 of 14					
1	TOP, Pieter	JR	Westmont	48.79	
2	STILES, Johnanthan	SR	Shippensburg	49.04	
3	CHRISTIAN, Ian	SO	GMU	49.61	
Section 3 of 14					
1	LOWERY, Brandon	SR	Unattached	49.57	
2	JARRELL, Daniel	JR	Davis & Elkins	50.55	
3	PITTMAN, Brien	FR	Catawba	50.76	
4	NJEZE, Ekwochi	SO	GMU	50.82	
Section 4 of 14					
1	PEREZ ESPINO, Pedro	JR	Westmont	50.27	
2	DAVIS, Ian	JR	VCU	50.31	
3	CHIGBUE, Kenneth	SR	Howard	50.54	
4	KINLOCH, Dyrell	JR	S.C. State	51.00	
Section 5 of 14					
1	LEPPELSACK, Arne	FR	Mt. Olive	48.52	
2	BULL, Elijah	FR	Wofford	49.75	
3	NIXON, Aariq	FR	Howard	50.00	
4	WALKER, Johnnie	FR	VMI	50.93	
Section 6 of 14					
1	THOMPSON, Devon	SR	VCU	49.29	
2	DENNIS, Calvin	SR	Shippensburg	51.07	
3	SMITH, Bradford	JR	Wofford	52.60	
Section 7 of 14					
1	KIRTLEY, Azavier	SO	Montreat	50.49	
2	GRAY, Jonathan	FR	VMI	51.74	
3	HANKE, Tom	SO	Montreat	51.90	
4	HARDY, Treshawn	JR	S.C. State	52.33	
Section 8 of 14					
1	PETER, Lukas	FR	Mt. Olive	49.68	
2	SHORT, Jordan	SO	Lynchburg	50.92	
3	CARVELLI, Corey	JR	Concord	52.24	
Section 9 of 14					
1	MAS, Rafael	FR	VMI	50.91	
2	NEMITZ, Jackson	SR	Westmont	51.41	
3	DELAVERGNE, ED	SR	GWU	52.90	52.892
Section 10 of 14					
1	FORD, Braxton	FR	Catawba	51.89	51.884
2	FAINT, Cameron	SO	GMU	52.30	52.299
3	GARRY, Evan	JR	GWU	52.45	
4	SCARANGELLO, Nicolas	SO	Davis & Elkins	52.77	

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RESULTS**#5 Men's 400 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note
Section 11 of 14					
1	DE LA CRUZ, Daniel		SO SVU	51.79	Five
2	ANDERSON, Kobe		SO Lynchburg	52.90	52.892
3	ANDERSON, Eric		FR Lynchburg	54.86	
	SNEED, Laurence		SO UMW		DQ Elbow to
Section 12 of 14					
1	HALL, Chris		SO UMW	51.18	
2	TERRY, RahQuan		FR Catawba	53.01	
3	DELAVERGNE, Frank		SR GWU	53.61	
4	BERMAN, Chris		JR Davis & Elkins	56.59	
Section 13 of 14					
1	WOODARD, Gregory		Mary Baldwin	51.89	51.889
2	MAYO, James		FR Bridgewater	52.25	
3	MARTIN, Andre		SO Bridgewater	52.30	52.292
4	JACKSON III, Wilson		FR Shenandoah	52.70	
5	CONLEY, Myles		JR Bridgewater	54.29	
Section 14 of 14					
1	SANTIAGO, Steven		Mary Baldwin	52.95	
2	JOHNSON, Aaron		SO VWU	56.88	
3	JENNINGS, Josh		FR SVU	56.92	
4	HOLLIDAY, Kyle		FR Shenandoah	57.86	
5	KOPP, Mark		FR American	1:02.64	

#6 Women's 400 Meters

\$ CPTF 55.62 Allison Holland Samford

5:17 PM (Day 1):

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	SMITH, Kayla		JR VCU	\$ 54.92		1(1)
2	COETZEE, Hesmari		JR Coastal Car.	56.62		1(2)
3	WATKINS, Taylor		SR VCU	57.61		1(3)
4	HALE, Aliyah		SR Howard	58.04		2(1)
5	THRING, Jacqueline		FR Mt. Olive	58.29		4(1)
6	GUNNELL, Chancey		SO Radford	58.47		4(2)
7	WRIGHT, Jessica		FR Howard	58.53		3(1)
8	MORTON, Cassidy		JR Wofford	58.56		2(2)
9	RUFFIN, Ariana		SO VMI	58.58		2(3)
10	MITCHELL, Endasia		SR Lynchburg	58.79		4(3)
11	WILLIAMS, Abigail		FR GMU	58.83		5(1)
12	PAINE, Ryan		SO Radford	58.89		4(4)
13	RASPBERRY, Makenli		FR Howard	58.99		6(1)
14	BRUNO, Rachel		SO Shippensburg	59.04		7(1)
15	EVANS, Alysha		JR Hampton	59.17		6(2)
16	HURT, Chartia		SR Unattached	59.62		3(2)
17	KIRK, Samantha		SO Davis & Elkins	59.63		8(1)
18	FOSTER, Karah		SO Radford	59.66		5(2)
19	ANDREWLEVICH, Erin		JR UMW	59.68		2(4)
20	ALSTON, Dior		SO Shippensburg	59.71		6(3)

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RESULTS**#6 Women's 400 Meters (cont'd)****5:17 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	H(Pl)
21	JAMES, Candice	SR	VCU	1:00.02		1(4)
22	HOOKER, Kacee	FR	Bridgewater	1:00.12		9(1)
23	JACKSON, Amaya	FR	Richmond	1:00.25		6(4)
24	OLER, Kelly	SR	JMU	1:00.48		5(3)
25	HEAD, Olivia	SR	Wofford	1:00.83		7(2)
26	COMBO, LeAndrea	SR	Wofford	1:01.54		3(3)
27	MCFARLIN, Roxanne	FR	Davis & Elkins	1:02.05		8(2)
28	CHAMBERS, Roxine	JR	Davis & Elkins	1:02.33		8(3)
29	WARDY, Alice	SO	Mary Baldwin	1:02.58		10(1)
30	GOLDEN, Jazmin	JR	GMU	1:02.63		9(2)
31	WASHINGTON, Kwonsha	SR	VWU	1:03.23		8(4)
32	DOLLINS, Alizae	SR	VWU	1:03.89		9(3)
33	BAXTER, Adriana	FR	Shippensburg	1:03.96		8(5)
34	CASTO, Bailey	FR	Lynchburg	1:04.06		10(2)
35	MUSGROVE, Quinland	FR	Mary Baldwin	1:04.13		11(1)
36	HOLMES, Morgan	FR	Mary Baldwin	1:05.02		11(2)
37	DAVIS, Jordan	FR	Bridgewater	1:05.19		11(3)
38	CHERNUTAN, Heather	SR	Concord	1:05.50		7(3)
39	WILLIAMS, Ariana	FR	Shenandoah	1:06.14	1:06.135	11(4)
40	SMITH, Caitlin	SR	Westmont	1:06.14	1:06.136	12(1)
41	JACKOWICZ, Noel	FR	UMW	1:06.75		12(2)
42	MOISE, Jaqueeta	FR	S.C. State	1:07.02		9(4)
43	CHERIKOS, Angie	SO	UMW	1:07.36		11(5)
44	MACK, Delia	JR	Shenandoah	1:07.41		10(3)
45	COMER, Caroline	FR	Westmont	1:18.69		12(3)
	BERKELEY, Haley	JR	Richmond	NT		5

SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
Section 1 of 12					
1	SMITH, Kayla	JR	VCU	54.92	
2	COETZEE, Hesmari	JR	Coastal Car.	56.62	
3	WATKINS, Taylor	SR	VCU	57.61	
4	JAMES, Candice	SR	VCU	1:00.02	
Section 2 of 12					
1	HALE, Aliyah	SR	Howard	58.04	
2	MORTON, Cassidy	JR	Wofford	58.56	
3	RUFFIN, Ariana	SO	VMI	58.58	
4	ANDREWLEVICH, Erin	JR	UMW	59.68	
Section 3 of 12					
1	WRIGHT, Jessica	FR	Howard	58.53	
2	HURT, Chartia	SR	Unattached	59.62	
3	COMBO, LeAndrea	SR	Wofford	1:01.54	
Section 4 of 12					
1	THRING, Jacqueline	FR	Mt. Olive	58.29	

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RESULTS

#6 Women's 400 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note
2	GUNNELL, Chancey	SO	Radford	58.47	
3	MITCHELL, Endasia	SR	Lynchburg	58.79	
4	PAINE, Ryan	SO	Radford	58.89	
Section 5 of 12					
1	WILLIAMS, Abigail	FR	GMU	58.83	
2	FOSTER, Karah	SO	Radford	59.66	
3	OLER, Kelly	SR	JMU	1:00.48	
	BERKELEY, Haley	JR	Richmond	NT	
Section 6 of 12					
1	RASPBERRY, Makenli	FR	Howard	58.99	
2	EVANS, Alysha	JR	Hampton	59.17	
3	ALSTON, Dior	SO	Shippensburg	59.71	
4	JACKSON, Amaya	FR	Richmond	1:00.25	
Section 7 of 12					
1	BRUNO, Rachel	SO	Shippensburg	59.04	
2	HEAD, Olivia	SR	Wofford	1:00.83	
3	CHERNUTAN, Heather	SR	Concord	1:05.50	
Section 8 of 12					
1	KIRK , Samantha	SO	Davis & Elkins	59.63	
2	MCFARLIN , Roxanne	FR	Davis & Elkins	1:02.05	
3	CHAMBERS, Roxine	JR	Davis & Elkins	1:02.33	
4	WASHINGTON, Kwonsha	SR	VWU	1:03.23	
5	BAXTER, Adriana	FR	Shippensburg	1:03.96	
Section 9 of 12					
1	HOOKER, Kacee	FR	Bridgewater	1:00.12	
2	GOLDEN, Jazmin	JR	GMU	1:02.63	
3	DOLLINS, Alizae	SR	VWU	1:03.89	
4	MOISE, Jaqueeta	FR	S.C. State	1:07.02	
Section 10 of 12					
1	WARDY, Alice	SO	Mary Baldwin	1:02.58	
2	CASTO, Bailey	FR	Lynchburg	1:04.06	
3	MACK, Delia	JR	Shenandoah	1:07.41	
Section 11 of 12					
1	MUSGROVE, Quinland	FR	Mary Baldwin	1:04.13	
2	HOLMES, Morgan	FR	Mary Baldwin	1:05.02	
3	DAVIS, Jordan	FR	Bridgewater	1:05.19	
4	WILLIAMS, Ariana	FR	Shenandoah	1:06.14	1:06.135
5	CHERIKOS, Angie	SO	UMW	1:07.36	
Section 12 of 12					
1	SMITH, Caitlin	SR	Westmont	1:06.14	1:06.136
2	JACKOWICZ, Noel	FR	UMW	1:06.75	
3	COMER, Caroline	FR	Westmont	1:18.69	

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Timing:
 SnapTiming



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RESULTS**#28 Women's High Jump**

Progressions: 1.45, 1.50, 1.55, 1.60, 1.65, 1.70, 1.75

\$ CPTF	1.70m	Selena Popp	Samford
\$ CPTF	1.70m	Grace Becker	William and Mary
\$ CPTF	1.70m	Gabi Hayes	Virginia

5:00 PM (Day 1):

PI	Name	Yr	Team	Mark	1.45	1.50	1.55	1.60	1.65
1	BLACKWELL, Joya	SO	Coastal Car.	1.60m 5' 3"	O	P	O	XO	XXX
1	TINSLEY, Taylor	SO	Radford	1.60m 5' 3"	P	O	O	XO	XXX
3	EVANS, Erica	JR	Coastal Car.	1.60m 5' 3"	P	XO	O	XO	XXX
4	RAINES, Jaielyn	FR	Hampton	1.55m 5' 1"	P	XO	XXO	XXX	
5	CHANTHYASAK-WHITE, Victori	SO	UMW	1.50m 4' 11"	O	O	XXX		
6	FITZPATRICK, Erin	SO	Bridgewater	1.50m 4' 11"	O	XO	XXX		
6	BERG, Donzailya	FR	Lynchburg	1.50m 4' 11"	O	XO	XXX		
8	STOPPA, Brianna	SR	Westmont	1.45m 4' 9"	O	XXX			
8	HIGGINS, Courtney	SO	VCU	1.45m 4' 9"	O	XXX			
8	FISHER, Tamadj	SR	Hampton	1.45m 4' 9"	O	XXX			
11	THOMAS, Brenea	SR	VMI	1.45m 4' 9"	XO	XXX			
11	MCMILLAN, Faith	FR	Hampton	1.45m 4' 9"	XO	XXX			
11	CHAFFINS, Meghan	SO	Randolph	1.45m 4' 9"	XO	XXX			
11	HUNLEY, Taja	FR	Randolph	1.45m 4' 9"	XO	XXX			
15	BERES, LeClare	SR	VCU	1.45m 4' 9"	XXO	XXX			
	MUSGROVE, Quinland	FR	Mary Baldwin	NH	XXX				
	GILLESPIE, Ariyonne	JR	S.C. State	NH	XXX				
	CAIN, Kennedy	FR	Catawba	NH	XXX				
	VANDEGRIFF, Brynn	FR	VWU	NH	XXX				
	RACINE, Briana	FR	Bridgewater	NH	XXX				
	BANYI, Michaela	JR	Westmont	NH	XXX				
	SPACE, Wykasha	FR	S.C. State	NH	XXX				
	SMITH, Rayna	FR	UMW	NH	XXX				
	HELM, Erica	SR	Shippensburg	NH	XXX				
	LINDSEY, Megan	FR	VMI	NH					
	STOUT, Kylie	SO	Bridgewater	NH					
	WASHINGTON, Tenae	JR	Radford	NH					
	MONCRIEF, Taylor	JR	Mt. Olive	NH					

#11 Men's 1000 Meters

\$ CPTF	2:26.99	Blaine Lacey	George Mason
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6:00 PM (Day 1):

PI	Name	Yr	Team	Time	Note	H(PI)
1	LONSDALE, Jake		SO GMU	2:30.43		4(1)
	30.70 (30.70)	29.22 (59.92)	30.11 (1:30.02)	30.19 (2:00.21)	30.23 (2:30.43)	
2	SIDLE, Lucas		JR VCU	2:31.20		4(2)
	29.81 (29.81)	29.39 (59.20)	30.26 (1:29.46)	31.21 (2:00.66)	30.55 (2:31.20)	
3	ALPAUGH, William		JR Richmond	2:32.03		4(3)
	30.15 (30.15)	29.75 (59.89)	30.55 (1:30.44)	30.81 (2:01.24)	30.79 (2:32.03)	
4	SILVER, Caleb		SO Montreat	2:36.53		3(1)

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 SnapTiming



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RESULTS**#11 Men's 1000 Meters (cont'd)****6:00 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	H(Pl)
	31.17 (31.17)	30.79 (1:01.96)	31.15 (1:33.11)	31.67 (2:04.78)	31.76 (2:36.53)	
5	PETERSON, Jason		FR Westmont	2:37.14		2(1)
	31.35 (31.35)	31.21 (1:02.56)	31.66 (1:34.21)	32.41 (2:06.62)	30.52 (2:37.14)	
6	CAGGIANO, Aidan		FR American	2:38.91		4(4)
	30.54 (30.54)	30.34 (1:00.87)	31.85 (1:32.72)	32.35 (2:05.07)	33.84 (2:38.91)	
7	ALLINGER, Jeremy		FR Shenandoah	2:38.93		2(2)
	31.91 (31.91)	31.13 (1:03.03)	31.91 (1:34.94)	32.33 (2:07.26)	31.67 (2:38.93)	
8	JEFFERS, Tyler		FR S.C. State	2:39.44		3(2)
	30.62 (30.62)	31.05 (1:01.67)	31.81 (1:33.48)	33.68 (2:07.15)	32.29 (2:39.44)	
9	ROHLER, Devin		SO GMU	2:40.22		4(5)
	30.46 (30.46)	30.60 (1:01.06)	32.00 (1:33.05)	33.46 (2:06.51)	33.72 (2:40.22)	
10	SWEPSON, Michal		SO Catawba	2:41.14		2(3)
	31.45 (31.45)	31.37 (1:02.81)	32.07 (1:34.87)	33.08 (2:07.95)	33.20 (2:41.14)	
11	SABOURIN, Kyle		SR VMI	2:41.30		3(3)
	31.44 (31.44)	31.57 (1:03.01)	33.23 (1:36.23)	32.80 (2:09.03)	32.28 (2:41.30)	
12	MOULTON, Sean		FR VCU	2:41.45		4(6)
	30.77 (30.77)	30.79 (1:01.55)	31.88 (1:33.43)	33.33 (2:06.75)	34.70 (2:41.45)	
13	LUND, Hunter		FR SVU	2:42.29		2(4)
	31.70 (31.70)	31.93 (1:03.63)	32.52 (1:36.15)	33.30 (2:09.44)	32.86 (2:42.29)	
14	GAULDING, Jeremiah		FR VMI	2:42.91		2(5)
	32.12 (32.12)	32.04 (1:04.16)	32.10 (1:36.25)	33.43 (2:09.68)	33.24 (2:42.91)	
15	LYNCH, Marquis		FR S.C. State	2:44.07		3(4)
	30.93 (30.93)	31.28 (1:02.20)	33.65 (1:35.84)	34.95 (2:10.78)	33.29 (2:44.07)	
16	ESTES, Samuel		FR VMI	2:44.20		3(5)
	31.85 (31.85)	32.13 (1:03.98)	32.93 (1:36.91)	34.03 (2:10.93)	33.27 (2:44.20)	
17	BROWN, Caleb		JR American	2:46.01		4(7)
	30.81 (30.81)	30.52 (1:01.32)	32.65 (1:33.97)	35.01 (2:08.97)	37.04 (2:46.01)	
18	KEMPF, Aaron		SO VMI	2:47.77		3(6)
	31.34 (31.34)	31.40 (1:02.74)	33.03 (1:35.76)	35.10 (2:10.86)	36.92 (2:47.77)	
19	ASHLEY, Ashton		FR VMI	2:51.03		3(7)
	31.96 (31.96)	32.31 (1:04.27)	33.66 (1:37.93)	36.40 (2:14.32)	36.72 (2:51.03)	
20	SCOTT, Brendan		FR SVU	2:52.49		1(1)
	34.15 (34.15)	34.33 (1:08.47)	35.63 (1:44.09)	35.72 (2:19.81)	32.69 (2:52.49)	
21	MARTICKE, Michele		FR Mt. Olive	2:53.43		2(6)
	31.76 (31.76)	32.55 (1:04.30)	35.62 (1:39.92)	37.83 (2:17.74)	35.69 (2:53.43)	
22	VIAVATTENE, Cole		FR VMI	2:53.65		2(7)
	32.43 (32.43)	32.54 (1:04.96)	35.15 (1:40.11)	36.33 (2:16.44)	37.21 (2:53.65)	
23	KING, Christopher		FR Shenandoah	2:53.93		1(2)
	34.70 (34.70)	34.70 (1:09.40)	35.19 (1:44.58)	35.99 (2:20.57)	33.36 (2:53.93)	
24	JACKSON, Cole		FR Concord	2:56.69		1(3)
	33.85 (33.85)	34.33 (1:08.17)	36.52 (1:44.69)	37.44 (2:22.12)	34.57 (2:56.69)	
25	WRIGHT, William		FR Westmont	2:57.35		1(4)
	33.77 (33.77)	32.25 (1:06.01)	34.57 (1:40.57)	37.78 (2:18.35)	39.00 (2:57.35)	
26	RODEN, Christian		SO VWU	2:58.89		1(5)
	35.33 (35.33)	36.07 (1:11.39)	36.94 (1:48.33)	37.00 (2:25.33)	33.57 (2:58.89)	

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RESULTS**#11 Men's 1000 Meters (cont'd)****6:00 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	H(Pl)
27	GRIFFITH, Riley		SO Concord	2:59.62		1(6)
	34.27 (34.27)	36.34 (1:10.61)	37.95 (1:48.56) 37.07 (2:25.63)	34.00 (2:59.62)		
28	MEYERS, Greyson		JR SVU	3:00.02		1(7)
	36.06 (36.06)	36.17 (1:12.22)	36.91 (1:49.13) 37.06 (2:26.18)	33.84 (3:00.02)		
29	JOHNSON, Aaron		SO VWU	3:01.96		1(8)
	35.69 (35.69)	36.58 (1:12.27)	39.22 (1:51.49) 37.75 (2:29.23)	32.73 (3:01.96)		
30	STRICKLAND, Brett		FR Concord	3:04.08		1(9)
	35.64 (35.64)	36.02 (1:11.65)	37.57 (1:49.22) 38.63 (2:27.84)	36.24 (3:04.08)		
31	CRAVENS, Ethan		FR VWU	3:07.64		1(10)
	35.90 (35.90)	36.54 (1:12.43)	39.39 (1:51.82) 39.53 (2:31.35)	36.29 (3:07.64)		

SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
Section 1 of 4					
1	SCOTT, Brendan		FR SVU	2:52.49	
	34.15 (34.15)	34.33 (1:08.47)	35.63 (1:44.09) 35.72 (2:19.81)	32.69 (2:52.49)	
2	KING, Christopher		FR Shenandoah	2:53.93	
	34.70 (34.70)	34.70 (1:09.40)	35.19 (1:44.58) 35.99 (2:20.57)	33.36 (2:53.93)	
3	JACKSON, Cole		FR Concord	2:56.69	
	33.85 (33.85)	34.33 (1:08.17)	36.52 (1:44.69) 37.44 (2:22.12)	34.57 (2:56.69)	
4	WRIGHT, William		FR Westmont	2:57.35	
	33.77 (33.77)	32.25 (1:06.01)	34.57 (1:40.57) 37.78 (2:18.35)	39.00 (2:57.35)	
5	RODEN, Christian		SO VWU	2:58.89	
	35.33 (35.33)	36.07 (1:11.39)	36.94 (1:48.33) 37.00 (2:25.33)	33.57 (2:58.89)	
6	GRIFFITH, Riley		SO Concord	2:59.62	
	34.27 (34.27)	36.34 (1:10.61)	37.95 (1:48.56) 37.07 (2:25.63)	34.00 (2:59.62)	
7	MEYERS, Greyson		JR SVU	3:00.02	
	36.06 (36.06)	36.17 (1:12.22)	36.91 (1:49.13) 37.06 (2:26.18)	33.84 (3:00.02)	
8	JOHNSON, Aaron		SO VWU	3:01.96	
	35.69 (35.69)	36.58 (1:12.27)	39.22 (1:51.49) 37.75 (2:29.23)	32.73 (3:01.96)	
9	STRICKLAND, Brett		FR Concord	3:04.08	
	35.64 (35.64)	36.02 (1:11.65)	37.57 (1:49.22) 38.63 (2:27.84)	36.24 (3:04.08)	
10	CRAVENS, Ethan		FR VWU	3:07.64	
	35.90 (35.90)	36.54 (1:12.43)	39.39 (1:51.82) 39.53 (2:31.35)	36.29 (3:07.64)	
Section 2 of 4					
1	PETERSON, Jason		FR Westmont	2:37.14	
	31.35 (31.35)	31.21 (1:02.56)	31.66 (1:34.21) 32.41 (2:06.62)	30.52 (2:37.14)	
2	ALLINGER, Jeremy		FR Shenandoah	2:38.93	
	31.91 (31.91)	31.13 (1:03.03)	31.91 (1:34.94) 32.33 (2:07.26)	31.67 (2:38.93)	
3	SWEPSON, Michal		SO Catawba	2:41.14	
	31.45 (31.45)	31.37 (1:02.81)	32.07 (1:34.87) 33.08 (2:07.95)	33.20 (2:41.14)	
4	LUND, Hunter		FR SVU	2:42.29	
	31.70 (31.70)	31.93 (1:03.63)	32.52 (1:36.15) 33.30 (2:09.44)	32.86 (2:42.29)	
5	GAULDING, Jeremiah		FR VMI	2:42.91	
	32.12 (32.12)	32.04 (1:04.16)	32.10 (1:36.25) 33.43 (2:09.68)	33.24 (2:42.91)	

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RESULTS**#11 Men's 1000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note
6	MARTICKE, Michele		FR Mt. Olive	2:53.43	
	31.76 (31.76)	32.55 (1:04.30)	35.62 (1:39.92)	37.83 (2:17.74)	35.69 (2:53.43)
7	VIAVATTENE, Cole		FR VMI	2:53.65	
	32.43 (32.43)	32.54 (1:04.96)	35.15 (1:40.11)	36.33 (2:16.44)	37.21 (2:53.65)
Section 3 of 4					
1	SILVER, Caleb		SO Montreat	2:36.53	
	31.17 (31.17)	30.79 (1:01.96)	31.15 (1:33.11)	31.67 (2:04.78)	31.76 (2:36.53)
2	JEFFERS, Tyler		FR S.C. State	2:39.44	
	30.62 (30.62)	31.05 (1:01.67)	31.81 (1:33.48)	33.68 (2:07.15)	32.29 (2:39.44)
3	SABOURIN, Kyle		SR VMI	2:41.30	
	31.44 (31.44)	31.57 (1:03.01)	33.23 (1:36.23)	32.80 (2:09.03)	32.28 (2:41.30)
4	LYNCH, Marquis		FR S.C. State	2:44.07	
	30.93 (30.93)	31.28 (1:02.20)	33.65 (1:35.84)	34.95 (2:10.78)	33.29 (2:44.07)
5	ESTES, Samuel		FR VMI	2:44.20	
	31.85 (31.85)	32.13 (1:03.98)	32.93 (1:36.91)	34.03 (2:10.93)	33.27 (2:44.20)
6	KEMPF, Aaron		SO VMI	2:47.77	
	31.34 (31.34)	31.40 (1:02.74)	33.03 (1:35.76)	35.10 (2:10.86)	36.92 (2:47.77)
7	ASHLEY, Ashton		FR VMI	2:51.03	
	31.96 (31.96)	32.31 (1:04.27)	33.66 (1:37.93)	36.40 (2:14.32)	36.72 (2:51.03)
Section 4 of 4					
1	LONSDALE, Jake		SO GMU	2:30.43	
	30.70 (30.70)	29.22 (59.92)	30.11 (1:30.02)	30.19 (2:00.21)	30.23 (2:30.43)
2	SIDLE, Lucas		JR VCU	2:31.20	
	29.81 (29.81)	29.39 (59.20)	30.26 (1:29.46)	31.21 (2:00.66)	30.55 (2:31.20)
3	ALPAUGH, William		JR Richmond	2:32.03	
	30.15 (30.15)	29.75 (59.89)	30.55 (1:30.44)	30.81 (2:01.24)	30.79 (2:32.03)
4	CAGGIANO, Aidan		FR American	2:38.91	
	30.54 (30.54)	30.34 (1:00.87)	31.85 (1:32.72)	32.35 (2:05.07)	33.84 (2:38.91)
5	ROHLER, Devin		SO GMU	2:40.22	
	30.46 (30.46)	30.60 (1:01.06)	32.00 (1:33.05)	33.46 (2:06.51)	33.72 (2:40.22)
6	MOULTON, Sean		FR VCU	2:41.45	
	30.77 (30.77)	30.79 (1:01.55)	31.88 (1:33.43)	33.33 (2:06.75)	34.70 (2:41.45)
7	BROWN, Caleb		JR American	2:46.01	
	30.81 (30.81)	30.52 (1:01.32)	32.65 (1:33.97)	35.01 (2:08.97)	37.04 (2:46.01)

#12 Women's 1000 Meters

\$ CPTF 2:45.52 Martha Bissah Norfolk State

6:15 PM (Day 1):

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MORGAN, Maggie		JR GMU	2:55.53		3(1)
	33.94 (33.94)	34.70 (1:08.64)	36.03 (1:44.67)	35.88 (2:20.54)	34.99 (2:55.53)	
2	WHITE, Judith Marley		JR VCU	2:56.24		3(2)
	33.62 (33.62)	34.60 (1:08.21)	36.20 (1:44.40)	36.43 (2:20.83)	35.41 (2:56.24)	
3	BROWN, Claire		JR Richmond	2:56.73		3(3)
	34.21 (34.21)	34.82 (1:09.03)	36.03 (1:45.06)	36.46 (2:21.51)	35.22 (2:56.73)	
4	BROWN, Ashley		JR VCU	2:58.80		3(4)
	33.84 (33.84)	34.63 (1:08.47)	36.07 (1:44.53)	36.43 (2:20.96)	37.85 (2:58.80)	

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SnapTiming



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RESULTS**#12 Women's 1000 Meters (cont'd)****6:15 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	H(Pl)
5	KNIGHT, Madelynn 35.56 (35.56)		SO JMU	3:07.00		2(1)
	38.72 (1:14.27)	39.39 (1:53.66)	37.26 (2:30.92)	36.08 (3:07.00)		
6	LOPEZ, Arianna 35.66 (35.66)		JR American	3:11.08		2(2)
	38.82 (1:14.47)	40.49 (1:54.96)	39.23 (2:34.18)	36.90 (3:11.08)		
7	COLACCHIA, Amanda 36.99 (36.99)		JR Westmont	3:11.55		1(1)
	38.41 (1:15.40)	40.52 (1:55.92)	40.31 (2:36.22)	35.34 (3:11.55)		
8	HUNT, Patience 36.34 (36.34)		SO Catawba	3:11.74		2(3)
	38.50 (1:14.84)	40.80 (1:55.63)	39.21 (2:34.84)	36.91 (3:11.74)		
9	MURRAY, Heidi 35.69 (35.69)		SO Mt. Olive	3:12.02		2(4)
	39.02 (1:14.71)	38.81 (1:53.51)	39.05 (2:32.56)	39.47 (3:12.02)		
10	ANDERSON, Alexis 35.45 (35.45)		FR GMU	3:12.61		2(5)
	38.89 (1:14.34)	40.97 (1:55.30)	40.27 (2:35.57)	37.05 (3:12.61)		
11	BELAMARICH, Sara 35.94 (35.94)		FR VMI	3:15.27		2(6)
	38.80 (1:14.74)	39.98 (1:54.71)	40.47 (2:35.18)	40.09 (3:15.27)		
12	NERY, Lauren 36.15 (36.15)		FR GMU	3:16.45		2(7)
	38.28 (1:14.43)	40.23 (1:54.65)	40.62 (2:35.27)	41.18 (3:16.45)		
13	ADAMS, Abbie 36.91 (36.91)		JR Catawba	3:17.05		2(8)
	38.25 (1:15.16)	40.78 (1:55.94)	40.43 (2:36.36)	40.69 (3:17.05)		
14	WATSON, Skylee 36.41 (36.41)		SO Davis & Elkins	3:17.63		1(2)
	38.55 (1:14.96)	40.27 (1:55.22)	41.61 (2:36.83)	40.80 (3:17.63)		
15	HATTMAN, Emily 37.40 (37.40)		FR VMI	3:17.78		1(3)
	39.41 (1:16.80)	41.35 (1:58.15)	41.67 (2:39.82)	37.97 (3:17.78)		
16	ANDERSON, Whitney 37.24 (37.24)		FR Shenandoah	3:18.42		1(4)
	39.14 (1:16.38)	41.62 (1:57.99)	41.80 (2:39.78)	38.64 (3:18.42)		
17	PETTY, Lexie 37.53 (37.53)		JR Catawba	3:19.63		1(5)
	39.36 (1:16.89)	41.58 (1:58.46)	42.19 (2:40.65)	38.98 (3:19.63)		
18	MOHRHOFF, Kristen 37.31 (37.31)		SO Westmont	3:28.23		1(6)
	40.67 (1:17.98)	42.06 (2:00.04)	44.37 (2:44.40)	43.83 (3:28.23)		
19	CLAUD, Sarah 37.64 (37.64)		JR Westmont	3:31.15		1(7)
	40.15 (1:17.79)	43.12 (2:00.90)	45.68 (2:46.57)	44.58 (3:31.15)		
	BLADES, Shona		SR Mt. Olive	DNF		3

SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
Section 1 of 3					
1	COLACCHIA, Amanda 36.99 (36.99)		JR Westmont	3:11.55	
	38.41 (1:15.40)	40.52 (1:55.92)	40.31 (2:36.22)	35.34 (3:11.55)	
2	WATSON, Skylee 36.41 (36.41)		SO Davis & Elkins	3:17.63	
	38.55 (1:14.96)	40.27 (1:55.22)	41.61 (2:36.83)	40.80 (3:17.63)	
3	HATTMAN, Emily 37.40 (37.40)		FR VMI	3:17.78	
	39.41 (1:16.80)	41.35 (1:58.15)	41.67 (2:39.82)	37.97 (3:17.78)	
4	ANDERSON, Whitney 37.24 (37.24)		FR Shenandoah	3:18.42	
	39.14 (1:16.38)	41.62 (1:57.99)	41.80 (2:39.78)	38.64 (3:18.42)	
5	PETTY, Lexie 37.53 (37.53)		JR Catawba	3:19.63	
	39.36 (1:16.89)	41.58 (1:58.46)	42.19 (2:40.65)	38.98 (3:19.63)	

WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
 Weather: 70 and muggy
 Host: Virginia Military Institute
 2/8/2019 - 2/9/2019

MEET OFFICIALS

Meet Director:
Drew Ludtke
Meet Referee:
Larry McHone
Timing:
SnapTiming



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 printed: 2/8/2019 8:50 PM

RESULTS**#12 Women's 1000 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note
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6	MOHRHOFF, Kristen		SO Westmont	3:28.23	
	37.31 (37.31)	40.67 (1:17.98)	42.06 (2:00.04) 44.37 (2:44.40)	43.83 (3:28.23)	

7	CLAUD, Sarah		JR Westmont	3:31.15	
	37.64 (37.64)	40.15 (1:17.79)	43.12 (2:00.90) 45.68 (2:46.57)	44.58 (3:31.15)	

Section 2 of 3

1	KNIGHT, Madelynn		SO JMU	3:07.00	
	35.56 (35.56)	38.72 (1:14.27)	39.39 (1:53.66) 37.26 (2:30.92)	36.08 (3:07.00)	

2	LOPEZ, Arianna		JR American	3:11.08	
	35.66 (35.66)	38.82 (1:14.47)	40.49 (1:54.96) 39.23 (2:34.18)	36.90 (3:11.08)	

3	HUNT, Patience		SO Catawba	3:11.74	
	36.34 (36.34)	38.50 (1:14.84)	40.80 (1:55.63) 39.21 (2:34.84)	36.91 (3:11.74)	

4	MURRAY, Heidi		SO Mt. Olive	3:12.02	
	35.69 (35.69)	39.02 (1:14.71)	38.81 (1:53.51) 39.05 (2:32.56)	39.47 (3:12.02)	

5	ANDERSON, Alexis		FR GMU	3:12.61	
	35.45 (35.45)	38.89 (1:14.34)	40.97 (1:55.30) 40.27 (2:35.57)	37.05 (3:12.61)	

6	BELAMARICH, Sara		FR VMI	3:15.27	
	35.94 (35.94)	38.80 (1:14.74)	39.98 (1:54.71) 40.47 (2:35.18)	40.09 (3:15.27)	

7	NERY, Lauren		FR GMU	3:16.45	
	36.15 (36.15)	38.28 (1:14.43)	40.23 (1:54.65) 40.62 (2:35.27)	41.18 (3:16.45)	

8	ADAMS, Abbie		JR Catawba	3:17.05	
	36.91 (36.91)	38.25 (1:15.16)	40.78 (1:55.94) 40.43 (2:36.36)	40.69 (3:17.05)	

Section 3 of 3

1	MORGAN, Maggie		JR GMU	2:55.53	
	33.94 (33.94)	34.70 (1:08.64)	36.03 (1:44.67) 35.88 (2:20.54)	34.99 (2:55.53)	

2	WHITE, Judith Marley		JR VCU	2:56.24	
	33.62 (33.62)	34.60 (1:08.21)	36.20 (1:44.40) 36.43 (2:20.83)	35.41 (2:56.24)	

3	BROWN, Claire		JR Richmond	2:56.73	
	34.21 (34.21)	34.82 (1:09.03)	36.03 (1:45.06) 36.46 (2:21.51)	35.22 (2:56.73)	

4	BROWN, Ashley		JR VCU	2:58.80	
	33.84 (33.84)	34.63 (1:08.47)	36.07 (1:44.53) 36.43 (2:20.96)	37.85 (2:58.80)	

	BLADES, Shona		SR Mt. Olive	DNF	
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#17 Men's 5000 Meters

\$ CPTF 14:19.75 Frank Lara Furman

6:30 PM (Day 1):

Pl	Name	Yr	Team	Time	Note
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1	ARNAUD, Emeric		FR Davis & Elkins	15:09.43		
	36.32 (36.32)	36.31 (1:12.62)	36.16 (1:48.78) 36.39 (2:25.17)	36.38 (3:01.55)	37.36 (3:38.90)	
	36.79 (4:15.69)	36.15 (4:51.84)	36.57 (5:28.40)	37.21 (6:05.60)	36.75 (6:42.35)	35.85 (7:18.20)
	36.19 (7:54.38)	36.57 (8:30.94)	36.00 (9:06.94)	36.60 (9:43.53)	36.03 (10:19.56)	35.77 (10:55.33)
	36.62 (11:31.94)	36.97 (12:08.90)	36.53 (12:45.43)	36.52 (13:21.94)	36.93 (13:58.86)	36.39 (14:35.25)
	34.18 (15:09.43)					

2	FONDA, Blake		SR Westmont	15:15.34	
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WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
 Weather: 70 and muggy
 Host: Virginia Military Institute
 2/8/2019 - 2/9/2019

MEET OFFICIALS

Meet Director:
Drew Ludtke
Meet Referee:
Larry McHone
Timing:
SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#17 Men's 5000 Meters (cont'd)****6:30 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	
	36.12 (36.12)	36.10 (1:12.22)	36.26 (1:48.47)	36.56 (2:25.03)	36.77 (3:01.80)	37.39 (3:39.18)
	36.22 (4:15.40)	36.33 (4:51.72)	36.95 (5:28.67)	37.19 (6:05.85)	36.24 (6:42.08)	36.06 (7:18.14)
	36.62 (7:54.75)	36.31 (8:31.06)	35.57 (9:06.62)	37.15 (9:43.77)	36.91 (10:20.68)	38.23 (10:58.90)
	37.79 (11:36.69)	37.83 (12:14.52)	37.95 (12:52.46)	38.16 (13:30.62)	37.54 (14:08.15)	36.53 (14:44.68)
	30.67 (15:15.34)					
3	RHODES, Kyle		SO Catawba	15:41.60		
	36.73 (36.73)	37.65 (1:14.37)	37.93 (1:52.29)	38.40 (2:30.69)	37.84 (3:08.53)	37.91 (3:46.44)
	37.52 (4:23.95)	37.11 (5:01.06)	36.52 (5:37.57)	36.71 (6:14.28)	37.36 (6:51.63)	37.23 (7:28.86)
	37.72 (8:06.57)	37.77 (8:44.34)	38.19 (9:22.53)	38.28 (10:00.80)	38.71 (10:39.50)	37.46 (11:16.96)
	38.04 (11:54.99)	38.65 (12:33.64)	38.05 (13:11.69)	38.40 (13:50.08)	38.23 (14:28.31)	37.84 (15:06.14)
	35.46 (15:41.60)					
4	RUHNKE, Michael		SR Concord	15:42.85		
	36.43 (36.43)	36.67 (1:13.10)	37.24 (1:50.33)	37.44 (2:27.76)	37.97 (3:05.73)	37.94 (3:43.67)
	37.60 (4:21.26)	37.86 (4:59.12)	37.55 (5:36.67)	37.58 (6:14.24)	38.10 (6:52.34)	37.65 (7:29.99)
	37.77 (8:07.75)	38.38 (8:46.13)	38.29 (9:24.42)	38.20 (10:02.61)	38.77 (10:41.38)	39.09 (11:20.46)
	38.46 (11:58.91)	39.24 (12:38.15)	38.88 (13:17.03)	38.89 (13:55.92)	37.57 (14:33.48)	36.28 (15:09.76)
	33.10 (15:42.85)					
5	BERNSTEIN, Ethan		FR W&L	15:50.39		
	37.25 (37.25)	38.01 (1:15.26)	36.95 (1:52.21)	38.20 (2:30.41)	37.89 (3:08.29)	37.92 (3:46.21)
	37.99 (4:24.20)	37.12 (5:01.31)	36.57 (5:37.87)	36.86 (6:14.73)	37.22 (6:51.95)	37.71 (7:29.65)
	37.49 (8:07.14)	38.54 (8:45.67)	38.05 (9:23.72)	38.65 (10:02.36)	38.79 (10:41.15)	39.13 (11:20.28)
	39.72 (11:59.99)	41.14 (12:41.13)	39.58 (13:20.70)	40.66 (14:01.36)	39.93 (14:41.29)	37.87 (15:19.15)
	31.24 (15:50.39)					
6	WEIDNER, Sean		SR Shippensburg	15:50.87		
	36.52 (36.52)	38.31 (1:14.83)	37.56 (1:52.38)	38.51 (2:30.89)	37.74 (3:08.63)	37.46 (3:46.08)
	37.60 (4:23.68)	37.16 (5:00.83)	36.50 (5:37.33)	36.71 (6:14.03)	37.36 (6:51.39)	37.23 (7:28.61)
	37.69 (8:06.30)	37.78 (8:44.07)	38.23 (9:22.29)	38.27 (10:00.55)	39.38 (10:39.93)	39.24 (11:19.17)
	42.09 (12:01.25)	39.60 (12:40.84)	39.93 (13:20.77)	39.74 (14:00.51)	38.66 (14:39.16)	38.03 (15:17.18)
	33.69 (15:50.87)					
7	PRATHER, Issac		FR Concord	15:53.37		
	38.99 (38.99)	38.61 (1:17.60)	37.54 (1:55.14)	38.16 (2:33.29)	37.96 (3:11.25)	37.47 (3:48.72)
	37.74 (4:26.45)	37.67 (5:04.11)	37.97 (5:42.08)	38.63 (6:20.71)	38.79 (6:59.50)	38.55 (7:38.04)
	38.08 (8:16.12)	38.41 (8:54.52)	38.41 (9:32.93)	38.90 (10:11.83)	39.31 (10:51.13)	39.10 (11:30.23)
	38.20 (12:08.42)	38.23 (12:46.65)	38.10 (13:24.74)	37.72 (14:02.46)	38.94 (14:41.39)	37.50 (15:18.89)
	34.49 (15:53.37)					
8	BEMIS, Logan		SO Catawba	15:58.54		
	36.38 (36.38)	38.26 (1:14.64)	38.01 (1:52.65)	38.46 (2:31.10)	37.80 (3:08.90)	37.87 (3:46.77)
	37.41 (4:24.17)	37.60 (5:01.77)	36.89 (5:38.65)	37.84 (6:16.49)	38.13 (6:54.61)	38.29 (7:32.90)
	38.31 (8:11.21)	38.61 (8:49.81)	38.64 (9:28.45)	38.84 (10:07.28)	39.67 (10:46.95)	39.35 (11:26.30)
	39.58 (12:05.87)	39.62 (12:45.48)	39.28 (13:24.76)	39.68 (14:04.43)	39.49 (14:43.92)	38.66 (15:22.58)
	35.96 (15:58.54)					
9	ADAMS, Justin		SO VMI	16:05.56		

WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
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MEET OFFICIALS

Meet Director:
 Drew Ludtke
Meet Referee:
 Larry McHone
Timing:
 SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#17 Men's 5000 Meters (cont'd)****6:30 PM (Day 1):**

Pl	Name	Yr Team				Time	Note
	36.93 (36.93)	38.59 (1:15.51)	37.74 (1:53.25)	38.12 (2:31.37)	38.09 (3:09.46)	37.85 (3:47.31)	
	37.50 (4:24.81)	37.54 (5:02.34)	37.14 (5:39.48)	37.57 (6:17.05)	38.28 (6:55.32)	38.05 (7:33.36)	
	37.64 (8:11.00)	38.49 (8:49.49)	38.70 (9:28.18)	39.61 (10:07.79)	39.86 (10:47.65)	39.50 (11:27.15)	
	40.16 (12:07.30)	39.59 (12:46.89)	41.52 (13:28.40)	41.08 (14:09.48)	40.58 (14:50.06)	36.40 (15:26.45)	
	39.11 (16:05.56)						
10	BATCHELOR, Ethan	JR Lynchburg				16:10.79	
	39.48 (39.48)	38.59 (1:18.07)	37.96 (1:56.03)	38.30 (2:34.33)	38.72 (3:13.04)	38.79 (3:51.83)	
	37.99 (4:29.81)	38.36 (5:08.17)	38.11 (5:46.27)	39.25 (6:25.52)	39.18 (7:04.69)	39.27 (7:43.96)	
	39.34 (8:23.30)	39.50 (9:02.79)	39.65 (9:42.43)	39.62 (10:22.05)	39.35 (11:01.39)	39.14 (11:40.53)	
	39.20 (12:19.72)	39.84 (12:59.55)	39.80 (13:39.35)	39.36 (14:18.71)	39.39 (14:58.09)	38.56 (15:36.64)	
	34.15 (16:10.79)						
11	HAYNES, Samuel	SO Concord				16:13.90	
	39.24 (39.24)	37.94 (1:17.18)	37.39 (1:54.57)	38.51 (2:33.08)	37.23 (3:10.31)	37.56 (3:47.86)	
	37.62 (4:25.48)	37.92 (5:03.40)	38.43 (5:41.82)	38.61 (6:20.43)	38.84 (6:59.27)	39.19 (7:38.46)	
	39.31 (8:17.76)	39.74 (8:57.50)	39.87 (9:37.36)	39.99 (10:17.35)	39.86 (10:57.21)	40.00 (11:37.20)	
	39.88 (12:17.07)	40.83 (12:57.90)	40.74 (13:38.64)	39.62 (14:18.25)	40.48 (14:58.73)	38.47 (15:37.20)	
	36.71 (16:13.90)						
12	MCCARTHY, Tyler	FR Shenandoah				16:16.61	
	37.95 (37.95)	39.16 (1:17.10)	37.66 (1:54.76)	38.68 (2:33.43)	38.09 (3:11.52)	37.81 (3:49.33)	
	37.91 (4:27.24)	37.66 (5:04.89)	37.55 (5:42.44)	38.64 (6:21.08)	38.82 (6:59.90)	38.87 (7:38.76)	
	38.59 (8:17.34)	38.61 (8:55.95)	38.27 (9:34.21)	38.99 (10:13.19)	40.35 (10:53.54)	40.17 (11:33.71)	
	40.50 (12:14.20)	40.18 (12:54.38)	41.53 (13:35.91)	41.23 (14:17.14)	40.22 (14:57.35)	41.16 (15:38.51)	
	38.11 (16:16.61)						
13	CARMACK, Curtis	JR Catawba				16:30.47	
	39.52 (39.52)	38.30 (1:17.81)	37.81 (1:55.61)	37.95 (2:33.56)	38.00 (3:11.55)	38.26 (3:49.81)	
	37.93 (4:27.73)	37.89 (5:05.61)	38.66 (5:44.27)	39.25 (6:23.51)	39.26 (7:02.76)	40.01 (7:42.77)	
	39.87 (8:22.63)	39.85 (9:02.48)	40.16 (9:42.64)	40.01 (10:22.64)	40.69 (11:03.32)	41.18 (11:44.50)	
	41.33 (12:25.83)	41.55 (13:07.37)	41.62 (13:48.98)	39.94 (14:28.92)	41.87 (15:10.78)	41.36 (15:52.14)	
	38.33 (16:30.47)						
14	REEVES, Kellen	SO VMI				16:32.79	
	38.27 (38.27)	39.53 (1:17.79)	37.80 (1:55.59)	38.39 (2:33.97)	38.82 (3:12.78)	39.32 (3:52.10)	
	38.95 (4:31.04)	39.59 (5:10.63)	38.77 (5:49.40)	39.02 (6:28.41)	39.14 (7:07.54)	38.88 (7:46.42)	
	40.13 (8:26.55)	40.18 (9:06.73)	40.23 (9:46.95)	40.53 (10:27.48)	40.49 (11:07.96)	40.60 (11:48.56)	
	41.50 (12:30.05)	41.53 (13:11.58)	38.94 (13:50.52)	41.23 (14:31.75)	42.17 (15:13.91)	41.34 (15:55.24)	
	37.55 (16:32.79)						
15	MAZZIOTTA, Jake	SO VMI				16:44.67	
	37.74 (37.74)	39.38 (1:17.12)	37.78 (1:54.90)	38.63 (2:33.52)	38.24 (3:11.75)	38.01 (3:49.75)	
	38.45 (4:28.20)	38.61 (5:06.81)	38.58 (5:45.38)	39.24 (6:24.62)	39.59 (7:04.20)	39.82 (7:44.02)	
	39.82 (8:23.83)	40.31 (9:04.14)	40.22 (9:44.35)	40.71 (10:25.06)	41.63 (11:06.68)	42.00 (11:48.67)	
	41.70 (12:30.37)	42.06 (13:12.43)	41.09 (13:53.51)	41.81 (14:35.32)	44.18 (15:19.50)	44.21 (16:03.70)	
	40.97 (16:44.67)						
16	VILLAGOMAZ, Michael	JR VCU				16:48.01	

WINTER RELAYS 2019

Lexington, VA
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MEET OFFICIALS

Meet Director:
Drew Ludtke
Meet Referee:
Larry McHone
Timing:
SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#17 Men's 5000 Meters (cont'd)****6:30 PM (Day 1):**

Pl	Name	Yr	Team	Time	Note	
	38.89 (38.89)	38.82 (1:17.71)	38.14 (1:55.84)	38.24 (2:34.08)	38.14 (3:12.22)	38.08 (3:50.29)
	38.25 (4:28.54)	38.83 (5:07.36)	39.15 (5:46.51)	39.41 (6:25.92)	39.67 (7:05.59)	39.86 (7:45.44)
	40.51 (8:25.94)	41.13 (9:07.07)	40.21 (9:47.28)	40.82 (10:28.09)	42.11 (11:10.20)	42.81 (11:53.01)
	42.23 (12:35.23)	42.12 (13:17.35)	43.46 (14:00.81)	44.66 (14:45.46)	43.17 (15:28.63)	42.81 (16:11.43)
	36.58 (16:48.01)					
17	WALKER, Owen		FR VCU			16:52.35
	39.03 (39.03)	39.06 (1:18.09)	38.04 (1:56.13)	38.30 (2:34.43)	39.03 (3:13.45)	39.04 (3:52.49)
	38.66 (4:31.14)	39.27 (5:10.41)	38.71 (5:49.11)	38.86 (6:27.97)	39.23 (7:07.19)	38.02 (7:45.21)
	41.07 (8:26.27)	40.19 (9:06.46)	40.19 (9:46.65)	40.58 (10:27.23)	40.47 (11:07.70)	40.69 (11:48.39)
	41.40 (12:29.79)	42.31 (13:12.09)	40.99 (13:53.07)	41.69 (14:34.76)	38.78 (15:13.54)	39.52 (15:53.05)
	59.30 (16:52.35)					
	DUNCAN, Tyler		FR S.C. State			DNF
	PURRINGTON, Ryan		SR Oregon T.C.			DNF
	WOLF, Stephen		JR VMI			DNF

#18 Women's 5000 Meters

\$ CPTF 16:24.84 Savannah Carnahan Furman

6:50 PM (Day 1):

Pl	Name	Yr	Team	Time	Note	
1	SAUNDERS, Erin		SR JMU		18:10.15	
	41.45 (41.45)	40.50 (1:21.94)	41.88 (2:03.82)	42.48 (2:46.29)	42.05 (3:28.33)	42.00 (4:10.32)
	42.40 (4:52.72)	42.37 (5:35.08)	42.74 (6:17.82)	42.70 (7:00.51)	43.63 (7:44.14)	43.96 (8:28.09)
	44.26 (9:12.34)	44.17 (9:56.51)	44.13 (10:40.63)	44.24 (11:24.87)	44.72 (12:09.59)	44.04 (12:53.63)
	44.69 (13:38.31)	45.35 (14:23.66)	45.20 (15:08.86)	45.77 (15:54.62)	45.61 (16:40.23)	45.37 (17:25.60)
	44.56 (18:10.15)					
2	RICHART, Sarah		JR GMU		18:15.47	
	41.37 (41.37)	40.90 (1:22.27)	41.84 (2:04.10)	42.47 (2:46.57)	42.28 (3:28.85)	42.27 (4:11.11)
	43.00 (4:54.11)	43.00 (5:37.10)	43.74 (6:20.84)	43.43 (7:04.26)	44.33 (7:48.59)	44.29 (8:32.88)
	44.52 (9:17.39)	44.63 (10:02.02)	44.74 (10:46.75)	44.72 (11:31.47)	45.02 (12:16.49)	45.66 (13:02.15)
	45.04 (13:47.18)	44.91 (14:32.09)	45.22 (15:17.30)	45.39 (16:02.69)	44.84 (16:47.53)	44.60 (17:32.12)
	43.35 (18:15.47)					
3	BURNETT, Stephanie		FR Lynchburg		18:21.71	
	43.69 (43.69)	43.58 (1:27.26)	44.52 (2:11.78)	44.07 (2:55.84)	44.12 (3:39.96)	44.85 (4:24.80)
	44.42 (5:09.22)	44.51 (5:53.73)	44.22 (6:37.94)	44.58 (7:22.51)	44.76 (8:07.27)	45.39 (8:52.66)
	45.18 (9:37.83)	43.96 (10:21.79)	45.02 (11:06.81)	44.28 (11:51.09)	43.95 (12:35.03)	45.12 (13:20.14)
	45.35 (14:05.49)	44.80 (14:50.29)	44.46 (15:34.74)	43.85 (16:18.58)	43.61 (17:02.18)	41.60 (17:43.78)
	37.94 (18:21.71)					
4	MERCER, Hannah		SO Catawba		18:35.34	
	41.81 (41.81)	43.12 (1:24.93)	44.14 (2:09.06)	44.03 (2:53.09)	44.61 (3:37.70)	45.25 (4:22.95)
	44.27 (5:07.22)	44.39 (5:51.60)	44.68 (6:36.27)	44.35 (7:20.61)	44.41 (8:05.02)	44.96 (8:49.97)
	45.12 (9:35.09)	44.86 (10:19.94)	44.76 (11:04.70)	45.58 (11:50.27)	45.18 (12:35.45)	45.36 (13:20.80)
	45.66 (14:06.46)	44.88 (14:51.33)	45.80 (15:37.12)	46.06 (16:23.18)	46.21 (17:09.38)	44.25 (17:53.63)
	41.72 (18:35.34)					
5	KNOWLES, Bailey		SR Concord		18:36.88	

WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
 Weather: 70 and muggy
 Host: Virginia Military Institute
 2/8/2019 - 2/9/2019

MEET OFFICIALS

Meet Director:
Drew Ludtke
Meet Referee:
Larry McHone
Timing:
SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#18 Women's 5000 Meters (cont'd)****6:50 PM (Day 1):**

Pl	Name	Yr Team				Time	Note
	42.65 (42.65)	43.39 (1:26.03)	43.89 (2:09.92)	44.34 (2:54.25)	43.97 (3:38.21)	45.06 (4:23.26)	
	44.47 (5:07.73)	44.50 (5:52.22)	44.68 (6:36.90)	44.64 (7:21.54)	44.73 (8:06.27)	45.59 (8:51.86)	
	44.68 (9:36.53)	44.64 (10:21.17)	45.07 (11:06.24)	45.45 (11:51.68)	45.45 (12:37.13)	45.88 (13:23.00)	
	46.23 (14:09.23)	45.42 (14:54.64)	45.89 (15:40.53)	45.51 (16:26.04)	45.53 (17:11.56)	44.62 (17:56.18)	
	40.71 (18:36.88)						
6	ELMINOWSKI, Nikkita	JR Catawba				18:44.64	
	44.73 (44.73)	42.64 (1:27.37)	44.11 (2:11.47)	44.06 (2:55.53)	44.14 (3:39.66)	44.97 (4:24.63)	
	43.95 (5:08.57)	44.07 (5:52.63)	44.59 (6:37.22)	44.68 (7:21.89)	44.68 (8:06.57)	45.58 (8:52.14)	
	44.80 (9:36.94)	44.55 (10:21.49)	45.05 (11:06.53)	45.40 (11:51.92)	45.02 (12:36.93)	45.38 (13:22.31)	
	46.35 (14:08.65)	45.71 (14:54.35)	46.36 (15:40.71)	46.31 (16:27.01)	46.30 (17:13.31)	47.40 (18:00.70)	
	43.95 (18:44.64)						
7	HARRIS, Katie	SO W&L				19:00.86	
	43.37 (43.37)	43.28 (1:26.64)	44.06 (2:10.70)	44.20 (2:54.89)	44.10 (3:38.99)	45.07 (4:24.05)	
	44.20 (5:08.24)	44.69 (5:52.93)	44.61 (6:37.53)	44.68 (7:22.21)	44.79 (8:06.99)	45.42 (8:52.40)	
	45.18 (9:37.58)	44.84 (10:22.41)	45.69 (11:08.10)	45.40 (11:53.49)	45.52 (12:39.01)	46.03 (13:25.03)	
	46.59 (14:11.61)	47.08 (14:58.69)	47.37 (15:46.06)	48.84 (16:34.89)	49.42 (17:24.31)	49.12 (18:13.43)	
	47.44 (19:00.86)						
8	WOOD, Samantha	JR GMU				19:01.94	
	44.19 (44.19)	43.35 (1:27.54)	44.56 (2:12.10)	44.00 (2:56.09)	44.15 (3:40.24)	44.85 (4:25.09)	
	44.43 (5:09.52)	44.47 (5:53.98)	44.68 (6:38.66)	44.18 (7:22.83)	45.34 (8:08.16)	46.55 (8:54.71)	
	46.79 (9:41.49)	47.49 (10:28.98)	47.46 (11:16.43)	47.81 (12:04.24)	46.81 (12:51.05)	46.48 (13:37.53)	
	47.42 (14:24.95)	47.51 (15:12.46)	47.32 (15:59.77)	48.08 (16:47.85)	47.48 (17:35.33)	45.90 (18:21.22)	
	40.73 (19:01.94)						
9	DORAN, Rebecca	FR Shenandoah				19:08.80	
	42.27 (42.27)	43.40 (1:25.67)	43.49 (2:09.16)	44.14 (2:53.29)	44.62 (3:37.91)	45.17 (4:23.07)	
	44.27 (5:07.34)	44.55 (5:51.89)	44.70 (6:36.58)	44.71 (7:21.28)	44.70 (8:05.98)	45.61 (8:51.58)	
	46.47 (9:38.05)	45.92 (10:23.96)	46.92 (11:10.87)	47.70 (11:58.57)	47.79 (12:46.35)	47.70 (13:34.05)	
	48.44 (14:22.49)	48.76 (15:11.24)	48.30 (15:59.53)	49.34 (16:48.87)	48.77 (17:37.63)	48.15 (18:25.78)	
	43.02 (19:08.80)						
10	MILLER, Emily	JR Shenandoah				19:17.96	
	43.11 (43.11)	43.84 (1:26.95)	44.10 (2:11.04)	44.16 (2:55.20)	44.11 (3:39.30)	45.02 (4:24.32)	
	44.57 (5:08.89)	44.54 (5:53.43)	44.90 (6:38.32)	45.26 (7:23.57)	45.74 (8:09.31)	45.45 (8:54.75)	
	45.91 (9:40.66)	47.72 (10:28.38)	47.78 (11:16.15)	48.66 (12:04.81)	49.14 (12:53.95)	48.76 (13:42.71)	
	48.82 (14:31.52)	49.26 (15:20.78)	48.35 (16:09.12)	47.89 (16:57.00)	48.73 (17:45.73)	48.79 (18:34.51)	
	43.45 (19:17.96)						
11	DEIBLER, Katelyn	JR American				19:48.87	
	45.42 (45.42)	44.66 (1:30.08)	47.25 (2:17.33)	47.57 (3:04.89)	46.79 (3:51.68)	46.79 (4:38.47)	
	46.84 (5:25.31)	47.86 (6:13.16)	47.41 (7:00.57)	46.68 (7:47.25)	46.77 (8:34.01)	47.35 (9:21.35)	
	47.84 (10:09.19)	48.00 (10:57.18)	48.19 (11:45.37)	48.12 (12:33.48)	49.03 (13:22.50)	48.21 (14:10.70)	
	48.32 (14:59.02)	48.66 (15:47.68)	49.23 (16:36.91)	49.44 (17:26.34)	49.60 (18:15.94)	47.33 (19:03.26)	
	45.61 (19:48.87)						
12	KESSINGER, Kaylin	SR Concord				20:25.34	

WINTER RELAYS 2019

Lexington, VA
 VMI-Corps Physical Training Facility
 Weather: 70 and muggy
 Host: Virginia Military Institute
 2/8/2019 - 2/9/2019

MEET OFFICIALS

Meet Director:
 Drew Ludtke
Meet Referee:
 Larry McHone
Timing:
 SnapTiming



OFFICIAL MEET REPORT
 printed: 2/8/2019 8:50 PM

RESULTS**#18 Women's 5000 Meters (cont'd)****6:50 PM (Day 1):**

Pl	Name	Yr Team				Time	Note
	46.50 (46.50)	46.34 (1:32.84)	46.59 (2:19.43)	47.43 (3:06.85)	47.49 (3:54.34)	47.69 (4:42.02)	
	47.89 (5:29.90)	48.62 (6:18.52)	47.05 (7:05.56)	48.82 (7:54.38)	48.73 (8:43.10)	49.16 (9:32.26)	
	49.46 (10:21.72)	48.15 (11:09.87)	49.15 (11:59.01)	48.94 (12:47.95)	50.60 (13:38.55)	49.37 (14:27.91)	
	50.25 (15:18.16)	49.96 (16:08.11)	50.37 (16:58.48)	50.37 (17:48.84)	49.54 (18:38.37)	43.61 (19:21.98)	
	1:03.36 (20:25.34)						
13	KNOWLES, Kenna	SR Concord				20:29.31	
	46.81 (46.81)	46.92 (1:33.73)	46.94 (2:20.66)	47.28 (3:07.94)	47.17 (3:55.11)	47.38 (4:42.49)	
	47.75 (5:30.24)	48.62 (6:18.85)	47.70 (7:06.55)	48.41 (7:54.96)	48.56 (8:43.52)	49.31 (9:32.82)	
	49.67 (10:22.49)	49.00 (11:11.49)	49.59 (12:01.07)	50.43 (12:51.50)	50.71 (13:42.21)	50.43 (14:32.63)	
	50.85 (15:23.48)	51.21 (16:14.68)	52.03 (17:06.70)	51.79 (17:58.49)	50.98 (18:49.47)	47.95 (19:37.42)	
	51.89 (20:29.31)						
14	LYNCH, Alyssa	FR Coastal Car.				21:27.66	
	47.96 (47.96)	49.01 (1:36.96)	48.86 (2:25.82)	48.88 (3:14.70)	49.07 (4:03.76)	49.36 (4:53.12)	
	49.41 (5:42.52)	49.68 (6:32.20)	49.95 (7:22.14)	49.47 (8:11.61)	50.41 (9:02.01)	50.86 (9:52.86)	
	51.48 (10:44.34)	51.95 (11:36.28)	52.24 (12:28.51)	53.35 (13:21.86)	52.79 (14:14.65)	53.68 (15:08.32)	
	53.65 (16:01.97)	54.64 (16:56.60)	54.87 (17:51.47)	55.28 (18:46.74)	55.35 (19:42.08)	54.39 (20:36.47)	
	51.20 (21:27.66)						
	D'AMELIO, Christina	SO Catawba				DNF	