



Winter Relays

Virginia Military Institute

February 8-9, 2019

Entries: Head coaches must email the Meet Director, Drew Ludtke (ludtkeaw@vmi.edu) prior to December 1, 2018 to confirm team attendance. Meet size will be limited to 24 teams.

Entries: Accepted through Direct Athletics at www.directathletics.com

Entry Limit: Three entries per team/per event, two per relay. Please be considerate and use accurate seeding marks to improve overall meet quality. Entry Fee: \$500/team or \$1000 men and women's team. Individual entries will be \$40 dollars per athlete. Entry fees will be charged based upon online entry at deadline, not upon participation. All payments will be made through Direct Athletics at time of entry. Teams are responsible for the DA service charge.

Unattached Athletes: Unattached athletes will be accepted into the meet on a limited basis. Unattached athletes MUST enter and pay \$40 fee on Direct Athletics and **are not guaranteed acceptance**. As a general rule, we will accept athletes capable of qualifying for the USA Indoor/Outdoor Championships. If field sizes allow, we will accept competitive unattached athletes capable of scoring in the SOCON.

Payment Process: All payments will be on Direct Athletics prior to the entry deadline

Entry Deadline: The deadline for entries will be Monday, February 4th, 2019 at 6:30pm

Performance list: Will be posted Tuesday, February 5th. Results: Meet results will be posted online at www.directathletics.com and <http://www.vmikeydets.com>

Scratches: February 7th (Noon) –Submit scratches to Drew Ludtke (ludtkeaw@vmi.edu)

Athletic Trainers: A Certified Athletic Trainer will be available for limited services. If you are unable to travel with your team please email Lance Fujiwara (fujiwaralm@vmi.edu) at least one week in advance. Please send a kit along with your team if you cannot attend. For those that do

make the trip, heat and ice will be available. (Modalities available when requests are made in advance)

Location: Corps Physical Training Facility. 329 N. Main St., Lexington, VA 24450.

Facility: The facility houses a hydraulically banked 200-meter track oval. Eight 42" lanes on the infield straightaway and six 42" lanes on the curve. The facility has over 2200 permanent seats and additional balcony seating to accommodate 4000 people. The infield holds two horizontal jump and two pole vault runways. Two throwing circles are outside the oval. There is an additional 350 meter warm-up track with competition surface available for warm-ups. The "backstretch" of the elevated track will be reserved for warm-ups for the running events with the other areas reserved for spectators.

Athletes Drop-off and Pick-up: Buses may drop off athletes by turning onto Diamond St, from Main Street, buses will circle the Corps Physical Training Facility "clockwise" and drop off/pick-up athletes at the brick area. There will be no parking or standing of buses near the CPTF...strictly enforced. Coaches are encouraged to call their drivers only when the entire team is ready to load and depart.

Bus parking: available at Tractor Supply and Lowes.

Spectator parking: available around post. Fee parking will be available in the CPTF parking garage.

Athlete Check-In: All field event athletes will be required to check-in at their event site 15 minutes prior to the scheduled start. All running event athletes must declare 60 minutes prior to the start of their race. Heat and lane assignments will be posted 30 minutes prior to the start of the scheduled event.

Implements: Implement weigh in at the site of competition. All implements must be checked in 90 minutes before the event starts in order to be used. All implements must meet the NCAA rules.

Takeoff boards: Long Jump 10' Women's Triple Jump 35' Men's Triple Jump 41' Runway Length: Long Jump 163' Women's Triple Jump 138' Men's Triple Jump 132' Pole Vault 135'

Spikes: ¼ Inch pyramids are the only acceptable spikes. Spikes will be checked at the check-in site.

Tape: Only athletic tape may be used as markers for the jumps. NO chalk or other type of tape allowed.

Further Information: Contact Drew Ludtke (ludtkeaw@vmi.edu) or call (906) 430-7018.